

# Vivre à Laval

Living on  
the island  
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**Laval. Une île d'exceptions.**

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## Cover page

With her lively style, illustrator Amélie Tourangeau depicted warm and human environments to represent the theme of your summer edition of *Vivre à Laval*, housing. Her radiant artwork celebrates our neighbourhoods, their colours and the joy of calling them home. Note that the co-founder of Studio Conifère also works in animation, 3D and zines.

The *Vivre à Laval* municipal magazine is delivered by Canada Post to all residential and commercial addresses in April, June, August and December.

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Logo FSC

### Circulation

198,000 copies

### Legal deposit

*Bibliothèque et Archives nationales du Québec*  
Library and Archives Canada  
ISSN 1712-8676 *Vivre à Laval*  
(English edition Print)  
ISSN 1712-8684 *Vivre à Laval*  
(English edition Online)

## Dear Citizens,

It is with great pleasure that I present this *Vivre à Laval* summer edition. Finally, summer and its enjoyable time is upon us! Your municipal magazine is filled with great outdoor activity ideas to rediscover everywhere on the island.

And once again this season, major events are back. You will find all details in the following pages and, among them, the Zones musicales programming. Of course, as usual, I am looking forward to seeing you on June 23 to celebrate our Fête nationale at the Centre de la Nature.

In this edition, the central section deals with an issue that is close to my heart: housing. As you know, Laval stands out thanks to key enabling initiatives in terms of access to fair housing, which are included in our new 2025-2028 housing action plan.

You will learn more about our major orientations and the ambitious housing targets we have set for the city, but also on other more concrete topics like the addition of an accessory dwelling unit to an existing house.

Finally, I invite you to read or review sound advice that will facilitate the various waste collection and help you maintain your yard with respect to the environment and biodiversity.

Make the most of your summer!



**Stéphane Boyer**

📍 [laval.ca/maire](http://laval.ca/maire)

📍 Stéphane Boyer, Mayor of Laval

## Municipal Agenda

### Regulated watering schedule

From May 1<sup>st</sup> to September 30

### Registration for fall sporting, cultural and leisure activities

From August 15 to September 15

## A thousand ways to make an impact.

Your ideas, your voice, your involvement.  
Find out how you can make a difference in your community.

📍 [laval.ca/participationcitoyenne](http://laval.ca/participationcitoyenne)



## Protect Yourself From Fraud

Elder fraud exists, but it can be prevented. It can happen by phone, email or even in person. It could be someone close to you or even an organization.

The purpose of fraud is always the same: to scam you out of money. So, when someone approaches you and it involves money, always take the time to check before acting. If you have doubts, speak to someone you trust.



© Jany Tremblay

## Never Miss a Thing

You heard about the free show in your neighbourhood after it was already over? You missed the last bulky waste collection? Looking for free activity ideas near you?

### Subscribe to the municipal newsletter

- To keep up with all news in your city.
- To quickly stay up to date with new activities, upcoming events and service changes, etc.
- To get essential information weekly without any effort.



Scan the QR code to subscribe quickly, in a few clicks:

City Newsletter: [laval.ca/subscribe](https://laval.ca/subscribe)

## BIEL Annual Report

The Bureau d'intégrité et d'éthique de Laval (BIEL) 2025 Report is now online.

Last year, the Bureau intensified its actions to protect public funds and build people's confidence in the municipal administration. This concretely resulted in 128 incident reports analyzed, 11 sites monitored and 5 integrity files examined.

Prevention remained a central issue. Over 700 municipal employees attended training on ethics. A total of 142 ethical advice requests were examined in addition to the support provided to the teams to help them make their decisions.

Rapport 2025 : [laval.ca](https://laval.ca) [BIEL](#) (in French only)

## Laval Wants its Fair Share. Now.

Laval is growing rapidly, but the services it provides are struggling to keep up. Faced with this reality, a broad coalition of key players in the region are uniting their voice to that of Mayor Stéphane Boyer to demand investments that truly reflect the needs of the population.

There are three essential priorities: expanding the Cité-de-la-Santé hospital, modernizing and expanding Collège Montmorency, and extending the Orange Line of the Montreal Metro. Today, every voice counts. By signing the letter addressed to candidates in the upcoming provincial elections, you push for concrete commitments. Join the movement and together, let's make sure a clear message is heard: Laval wants its fair part. Now.

[Letter: jesignepourlaval.com/en/](https://jesignepourlaval.com/en/)

**OdL : A Valuable link between Laval, its citizens and its elected officials!**

**Contact Us**  
450 978-3699  
[ombudsmanlaval.ca](https://ombudsmanlaval.ca)

**Ombudsman**  
de Laval

## Coexisting With Urban Wildlife

Anywhere on the island, it is not uncommon to come across wild animals such as Canada geese, raccoons and skunks and even coyotes and foxes. All this urban wildlife is looking for food, and we must let feed itself naturally to secure its self-sufficiency and survival.

It is therefore necessary not to feed wild animals which means avoiding them to get used to human contact. To reduce unwanted visitors around your home, you can:

- avoid leaving food outside;
- secure your garbage and compost bins.

Look after your pets: some may be seen as prey by predators such as coyotes or foxes. Also, avoid all contacts between your pets and urban wildlife to prevent causing them stress or even serious injuries.

Coexisting tips: 📍 [laval.ca](http://laval.ca) 🗣️ Animaux sauvages (in French only)



© iStock



© Jany Tremblay

## Summer Pet Safety

Don't forget that dogs and cats poorly regulate their body temperature and they are at risk of heatstroke. Also, if the ground is too hot for your hand, it is also too hot for their paws.

### Protect them from the heat

Try to walk early in the morning or later in the evening to avoid hot surfaces like asphalt. Always provide your pet with fresh water and a shaded area to rest. Never leave it alone in a car: in just a few minutes, the situation becomes dangerous.

Be sure to watch open doors and windows to prevent escapes. Finally, make sure your pet always wears its municipal tag to facilitate its identification if needed. No tag yet? You can easily get one online via Mon dossier.

Tips for the summer: 📍 [laval.ca](http://laval.ca) 🗣️ Soins animal (in French only)

## New schedules

Consult the 311 and the multiservice desk adjusted schedules.

📍 [laval.ca](http://laval.ca) 🔍 Contact the City of Laval



**June 23**

**Centre de la Nature**

MC  
**Xavier  
Watso**

# **Our Fête nationale in Laval**

**Richard Séguin • Véronic DiCaire  
Lisa LeBlanc • Ingrid St-Pierre  
Ariane Roy • La Bronze • Blynk  
Choses Sauvages • Alphonse Bisailon  
Irdens Exantus • DJ Montana • Waahli**

Patriotic speech by **Kim Lévesque-Lizotte**

## **Schedule**

6:00 PM Site opening  
6:30 PM Waahli  
7:00 PM DJ Montana  
8:30 PM Show

## The Future Alain-Grandbois Library

The building located at 4300 Samson Boulevard, in Chomedey, is being converted into a modern accessible user-friendly library.

Designed to meet current and future needs, the Alain-Grandbois library will offer inclusive, safe and functional spaces that promote reading, learning and collaboration. There will also be a children's corner, study rooms, a multipurpose room, a reading lounge as well as outdoor amenities. Recreational equipment loan service will also be offered. Construction work will continue until May 2027 with an opening expected in the summer of 2027.

As Laval continues to grow and sees the needs of its population evolve, library spaces are adapted to better meet these needs. Municipal libraries are vibrant places to read, learn, work, enjoy free local activities and meet people in your neighbourhood.



© Alain Grandbois

## Berge des Baigneurs Phase Two

Work is moving into phase two at the Berge des Baigneurs Park. It will be redesigned to enhance its unique character and to make it more inviting all year long. Construction work is scheduled from June to December 2026 and opening to the public in summer 2027.

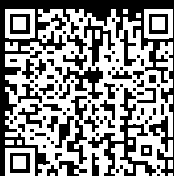
### A pavilion and a stage

A new welcome pavilion will feature public restrooms, a water filling station and a multipurpose room for various community, cultural and recreational activities. Built with an ecological approach, the pavilion will aim for a LEED certification.

A permanent stage will enable the organization of shows, events and sports activities throughout the year thanks to adapted facilities.



**Laval wants its  
fair share.  
Now.**



[jesigne pour laval.com/en](https://jesigne pour laval.com/en)

**The hospital**

**The CEGEP.**

**The metro.**



## Ride With the STL This Summer

### Smog days in Laval: \$1 bus fare

The annual smog alert program is back. From June 1st to September 7, each time Environment Canada issues a smog warning for the Laval region, the STL offers a \$1 single fare throughout the following day. The fare is payable on board by cash, debit or credit cards. It covers the entire network of Laval buses and shared taxis.

### This summer

New bus schedule will be in effect for the summer season starting on Saturday, June 20.

Changes should be expected on the following public holidays:

- June 24, Sunday schedule;
- July 1<sup>st</sup>, Saturday schedule.

Schedules: 📍 [STLaval.ca/network/schedules-buses](https://stlaval.ca/network/schedules-buses)

With the XTRA STL fare at \$92.25, young people aged 12 to 17 can travel as much as they want throughout the months of July and August.

The XTRA fare can be purchased starting June 20 via the Chrono app, at points of sale and metropolitan ticket offices.

XTRA fare: 📍 [STLaval.ca/ete-xtra](https://stlaval.ca/ete-xtra)

### Special offer for events

Attend the Fête nationale celebrations, the Festival des bières de Laval, or a Roses or FC Supra game.

Service offer: 📍 [STLaval.ca/evenement](https://stlaval.ca/evenement)

### The Horizon 65+ free transit fare

Laval residents aged 65 or older can ride the STL bus network for free.

Horizon 65+ fare: 📍 [STLaval.ca/horizon65](https://stlaval.ca/horizon65)



## Smart Bike Parking Lockers Are Back

Good news for cyclists. Starting in June, the connected bike locker pilot project will be back. Five modules will be installed on the island to provide safe, accessible and practical parking. This initiative aims at encouraging active mobility and facilitating cycling in urban area.

A mobile app will allow users to easily locate and unlock a locker. Also, access will be free for four hours or less, and low cost afterward.

Cycling network: 📍 [laval.ca](https://laval.ca) 📍 [Cycling and cycle paths \(in French only\)](#)



## Time to Clean Up

During summer, various street maintenance operations are carried out. To ensure the smooth running of operations, kindly respect parking restrictions at all times. Especially in areas equipped with dynamic parking signs with light panels. Don't forget that your cooperation is essential. It contributes directly to the efficiency of public road cleaning and safety.



## Saint-Martin Boulevard Second Phase

The second phase of roadwork is taking place between Curé-Labelle and Chomedey boulevards and between De la Mauricie Avenue and Pie-IX Boulevard. It also includes finalizing the roadwork started last year on the south side, between Chomedey Boulevard and De la Mauricie Avenue.

Everything is being made to minimize the impacts on traffic and to maintain access to businesses during the entire construction period which will last until the end of fall.

Most sidewalks will also be refurbished, and bike lanes will be physically separated from car traffic by a landscaped buffer, improving safety for all road users.

The planting of over 500 trees will also contribute to greening and beautifying the boulevard. The new landscaped buffers will thus help to reduce heat island effects and better manage rainwater by promoting its absorption before it reaches the sewer system.

📍 [laval.ca/work](http://laval.ca/work) (in French only)

## Ça roule Raoul!

Electric scooters, gyrowheels, and other personal electric mobility devices (PEMDs) become more popular. Yet, the people who use them are not fully aware of all the rules and safety behaviours associated with them.

Now, one can learn the basics of PEMD regulations in a fun way thanks to the online game *Ça roule Raoul!* In a videogame-inspired universe, one learns the basics of PEMD regulations after choosing a character, equipment and a path.

### Win an electric scooter

Go online to play and get a chance to win an electric scooter worth \$1000.

*Ça roule Raoul!* was created by the Laval Police Department thanks to the financial support of the ministère du Transport et de la Mobilité durable.

Game: [carouleraoul.ca](http://carouleraoul.ca) (in French only)

Poll: 📍 [laval.ca](http://laval.ca) 📍 [Concours](#) (in French only)

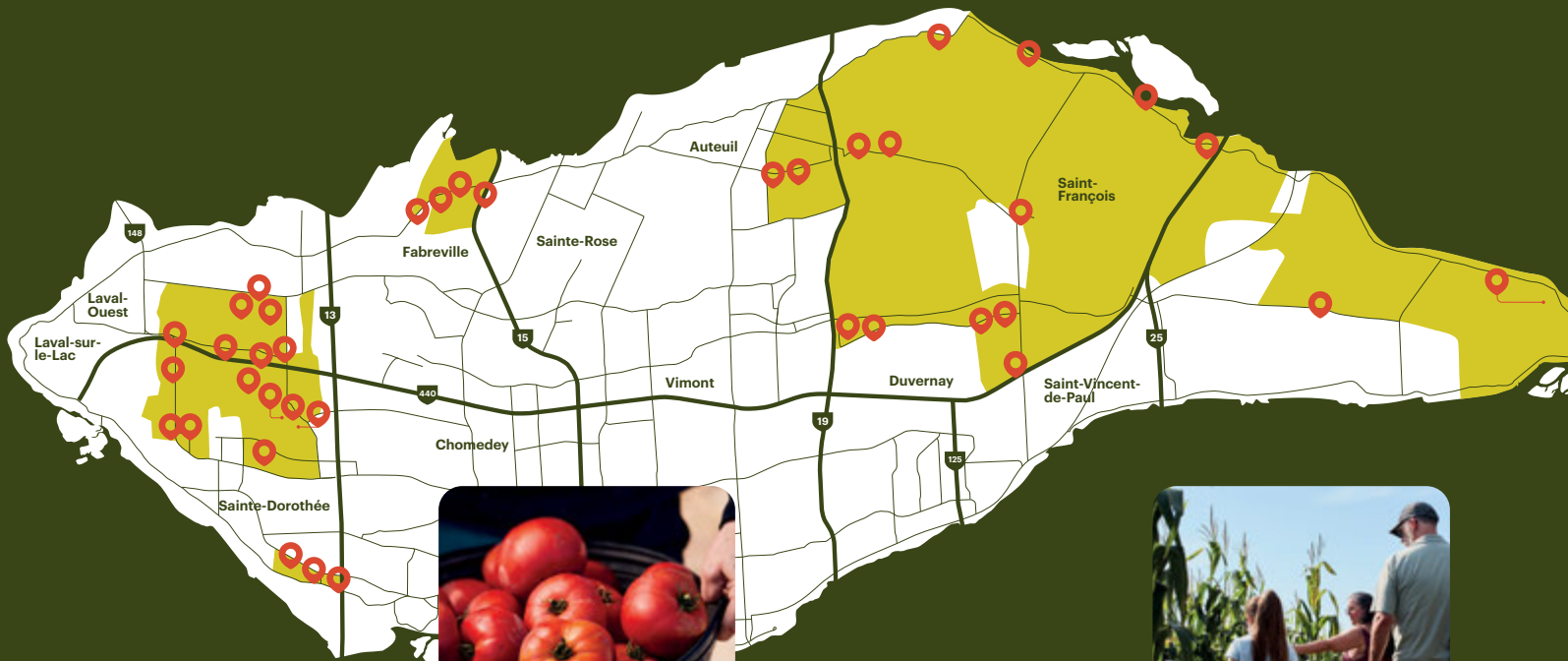


# Laval, it's worth tasting.

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Horticulture in 21 stands



Agricultural products in 26 stands



Processed farm produces in 19 stands



Farming recreational activity in 19 stands



With the financial support of



By choosing to buy directly from a Laval farm, you contribute to the local economy.

Check the online directory.

[laval.ca/saveursdelaval](http://laval.ca/saveursdelaval)

## Karine Ménard, the New Chief of the Laval Police Department

This spring, Karine Ménard was appointed Chief of the Laval Police Department (SPL). Your municipal magazine introduces her to you.

### Her career

She has been known for a long time in the City. Indeed, Mrs. Ménard has nearly 23 years of experience within the police department. She knows the Laval environment and issues very well.

Her experience is diverse, so she understands public safety issues from an organizational and field perspective. During her career, she has been the assistant director of investigations as well as Chief Inspector and Inspector in several sections of the SPL.

As a unifying person, she is recognized for her mobilizing leadership, her active listening and her human approach. Trusting relationships and collaboration are of central importance to her.

### A new chapter for the police department

“First woman appointed Director of the SPL, Karine Ménard intends to promote modern practices, strengthen prevention and enhance the services offered to the community.

She also wants to help maintain a safe living environment and boost public confidence by focusing on the mobilization of her teams and by adopting approaches consistent with the city current realities.

“I begin this mandate with humility and commitment, driven by the desire to meet citizens’ needs. For me, the Laval Police Department is a proud and committed team that works in partnership and collaboration. A modern police force serving all Laval citizens. I truly believe in the collective strength and know-how we nurture within our organization and that will continue to guide our actions in serving the Laval community.”

– Karine Ménard

Mrs. Ménard’s mandate ensures continuity and will firmly focus on innovation.



© Martin Alarie



Laval Mayor Stéphane Boyer is accompanied by the new Laval Police Department Chief, Mrs. Karine Ménard, Laval General Manager, Mr. Benoit Collette, and former Chief of Police, Mr. Pierre Brochet, during the handover ceremony held on March 31 at the Maison des arts de Laval.

## 2025 Police Activities

The Laval Police Department annual report is now online. Browse through it to find out about its 2025 achievements, actions and initiatives, as well as an overview of the safety situation across the island.

- 🔗 [laval.ca/police](http://laval.ca/police)
- 📄 Publications (in French only)

## Distraction Thefts on the Rise

Last summer, an increase in distraction thefts has been reported in Laval. Several of these thefts resulted in an arrest and have some similarities.

### Common tactics of distraction thefts

- Often, the target is elderly people.
- It happens in crowded public places.
- The victim is approached under a trivial pretext allowing the thief to use the proximity to subtly steal jewelry, watches or bracelets.

### Safety habits to adopt for protection

- Be wary of strangers trying to start unusual conversations.
- Decline any hugs and unwanted physical contact. Even if it is to say thank you, the answer is no!
- Refuse any jewelry or object that an unknown person tries to give you.
- Report any suspicious activity by calling 911.

**Be a  
reassuring  
presence  
in your  
community.**



**Come bring  
the unexpected  
to life.**

**Join our team.**

[laval.ca/emplois](https://laval.ca/emplois)

© iStock



## **Tiny Sparks, Big Damages**

Sparklers may seem harmless, but their tiny sparks can ignite surrounding objects instantly. If you use them, handle them with great caution.

- Keep them away from any combustible objects or surfaces.
- Do not hold them directly in your hand and keep them away from your face and hair.

Children should never handle sparklers.

## **Prevent Cigarette-Related Fires**

Too many fires still start because of careless behaviour with cigarettes. Even without an open flame, it can cause major damages.

A few essential reminders if you smoke:

- Never smoke in bed or in a position that promotes falling asleep.
- Never leave a lit cigarette unattended.
- Use a deep ashtray with a wide rim and never throw ashes directly into the garbage. Ashes must be cooled in a metal container.

Also, be careful with vaping devices. They may cause fire risks if not used properly. Great vigilance is required when charging these devices that use lithium-ion batteries.

### **Beware of flammable outdoor landscaping materials**

During summer, vegetation is drier and a simple cigarette butt thrown on the ground could start a major fire.

- Never use mulch, a flowerpot or any landscaping material to extinguish a cigarette.
- Keep an ashtray outdoors.
- Avoid smoking in wooded areas and fields, otherwise carry a incombustible container filled with sand or water.

[laval.ca/firefighter](https://laval.ca/firefighter) [Fire prevention](#)



© Simon Laroche

## Extreme Weather: Develop Good Habits

Summertime is prone to several weather hazards that must be monitored: heatwaves, severe thunderstorms, heavy rainfalls, poor air quality (smog), etc.

Proper preparation reduces the bad impact on health, safety and property integrity.

- Monitor air quality by checking the Government of Canada website (Air Quality Health Index). If there is a smog alert, avoid long outdoor activities.
- Maintain a safe temperature in your home. Install an air conditioner or fans to create air breezes and keep your curtains and blinds closed during the day.
- Identify cooling spots near your home: the municipal library, a shopping centre, etc. Locate the nearest municipal pool or splash pads.
- Keep plenty of water on hand to remain hydrated even before you start to feel thirsty.
- In case of a thunderstorm or high wind warning, secure or store any outdoor objects that could be blown away by the wind (garden furniture, barbecues, recycling bins).
- Sign up for the City's important notices ([laval.ca/subscribe](http://laval.ca/subscribe)) to receive alerts in the event of a situation requiring your immediate attention.

You need tips to properly manage rainwater and avoid overflows? Go to page 15 to find out more.

Prepare for extreme weather: [laval.ca/iprepair](http://laval.ca/iprepair)



## To be on the safe side, I'm getting prepared.

I must be able to provide for myself for at least 72 hours. I have essential items at home.

- Drinking water**  
(4 litres per person, per day)
- A sufficient quantity of non-perishable food**
- A manual can opener**
- Flashlight and spare batteries**
- Portable charger**
- Auxiliary heater**
- Wind-up radio**
- First-aid kit**
- Candles and lighter/matches**
- A sufficient quantity of medication**
- Devices that compensate for a disability / specialized equipment**
- For your baby : infant formula, disposable diapers, bibs**
- For your pet : food, medication, toys**

[laval.ca/iprepair](http://laval.ca/iprepair)

© Simon Laroché



## Tips for the Brown Bin

Here are some tips to simplify the use of your brown bin and reduce odours, but also to minimize the presence of small insects and other nuisances.

In summer, to limit odours, it is recommended to take out your bin every week, even if it is not full, and to keep it in the shade. Another good idea is to alternate layers of wet and dry materials (grass, dead leaves or cardboard).

To maintain your bin cleaner, wrap food waste in newspapers and throw in dirty tissues and paper towels to absorb liquids.

### In the kitchen

Another very effective tip is to freeze your food waste in a paper bag or a small container, then place it in the outdoor bin on the collection day. This tip highly reduces odours and the presence of small insects.

Odours persist? Sprinkle baking soda or use vinegar to neutralize them. It works for the small kitchen bin, but also for the large one outdoors.

A reminder: plastic bags, even if compostable, must not be used in the brown bin.

Using the brown bin daily is a concrete way to reduce landfill waste and greenhouse gases. This can become easy by adopting one or more of these simple tips.

All tips: 1 [laval.ca](http://laval.ca) 2 Astuces bacs (in French only)

## Scheduled Bulky Item Pickup

Since April, you can book a home pickup for your bulky items. The new bulky waste collection can be scheduled online at Mon dossier. The collection date will be confirmed by e-mail thereafter.

The recoverable bulky items collected are recycled or repurposed to reduce landfilling. Don't forget! Any objects still

in good condition should not be placed in the bulky waste collection. Give them a second life by donating or selling them.

Note that this service is in addition to the monthly collection of bulky items, and that the ecocentre maintains its current services.

Schedule a pickup: 1 [laval.ca/collectes](http://laval.ca/collectes) (in French only)



Hello, freezer.  
Goodbye,  
odours.

To avoid unpleasant  
smells, freeze your  
food waste until  
collection day.

1 [laval.ca](http://laval.ca) 2 Trucs, astuces et tri



## My Ground is a Soaking Sponge

Managing rainwater improves our region resilience. Objective: reducing sewer backup risks, protecting our homes and preserving our water bodies. Basic principle: water needs to be absorbed by vegetated surfaces instead of running off to the street and catch basins, overloading the network.

### How to do it:

- Maintain gutters and direct them toward permeable surfaces (lawn, gardens, flowerbeds, etc.) where water is naturally absorbed.
- Plant trees and other vegetation that absorb water.
- Clear debris from roof drains.
- Install a rain barrel to water the plants.

For more tips, go to: [laval.ca](https://laval.ca) [Eau pluviale](#) (in French only)

## No Swimming After Rain

Did you know? Swimming and water activities in natural urban water bodies are not recommended after a rainfall. This simple measure recommended by the gouvernement du Québec can prevent infections, diseases and skin problems.

Rainfall can carry various contaminants to water bodies, especially bird or dog droppings, which reduce the quality of the water. As a rule, wait 24 to 48 hours to swim after it rains. Comply with on-site posted no-swimming rules.

## Toilets and Sinks are not Trash Cans

Throwing waste down the toilet or in the sink can cause serious problems such as sewer backup into your home, and harmful impacts on municipal facilities, the environment and fish.

To avoid severe consequences, never flush these items nor pour the following products down the toilet or the sink:

- Wet wipes;
- Cooking oils and grease;
- Medicine;
- Tampons, sanitary napkins, diapers and condoms;
- Cotton swabs, dental floss or hair;
- Paint, solvents, oil and other hazardous waste.

There are other ways to dispose of them.

Where and what to throw: [laval.ca](https://laval.ca) [Sewer tips](#)

## Cleaning up thoroughly?

The ecocentre awaits you. Open 7 days a week.

It's free\* upon presentation of a proof of residency.

[laval.ca/collectes](https://laval.ca/collectes)

\* Limited volume for certain materials.



© Simon Laroché



## No Pesticides, no Panic!

This summer, if you notice yellow patches appearing on your lawn, it could be the hairy chinch bug, an insect that feeds on grass sap.

In Laval, the use of pesticides is restricted by By-law L-12824. However, it is possible to get rid of this insect.

Here are a few easy and ecofriendly tips to limit proliferation:

- Keep your lawn at a height of at least 8 cm;
- Aerate the soil to loosen it;
- Sow clover in bare spots;
- Avoid over-fertilizing your lawn.

If these tips are not enough, it is possible to treat your lawn with a biopesticide such as a biological insecticide. A temporary permit is not required to use this product. However, make sure to check the product label and follow the instructions for best results.

Tips and tricks: 📍 [laval.ca](http://laval.ca) 🗣️ Lawn

© Eric Carrière



## For a Peaceful Summer

The backyard is a relaxing and enjoyable space during the warm months. So, it is crucial to follow certain basic rules to ensure that all neighbours can also enjoy their own space.

### Here are a few simple ways to be a good neighbour

- Respect the permitted hours for carrying out your work.
- Keep noise to a reasonable level, and if you plan on making noise, inform your neighbours.
- When using an outdoor fireplace, use dry wood, avoid windy conditions, and never leave your fire unattended.
- Avoid standing water and make sure that your pool is operational or completely empty to avoid attracting mosquitoes.
- Direct your lights toward the ground to avoid annoying neighbouring houses.
- Pull out ragweed before August 1st for the well-being of everyone.

If issues arise, talk about it with your neighbour! Cheers to summer... and good neighbour relations.

Règlements : 📍 [laval.ca](http://laval.ca) 🗣️ Nuisances

# Our water is precious.

## Water, if necessary, when the time is right.

Find your watering times with our address search tool.

📍 [laval.ca/arrosage](http://laval.ca/arrosage)





# Living in Laval, Today and Tomorrow



Creating housing goes beyond construction sites and numbers. It is more about offering a quality of life. Also, access to housing has many faces, that includes families, young adults, seniors, among others. Therefore, multiple solutions are necessary to address tangible realities.

This is what happened in Laval, and what will also be taking shape in the years to come. Ever since the adoption of the first housing policy, ten years ago, the objective has been to create sustainable and inclusive living environments. Since 2020, the addition of over 1,000 new non-profit housing units has been started, and new municipal tools have been created.



Les  
Immeubles  
Val-Martin

The 2025-2028 action plan takes Laval to the next level. The objective is clear and ambitious: **2,000** new affordable, social, and non-profit housing units by 2028.



[laval.ca](https://laval.ca)

Q Plan d'action en habitation 2025-2028

# The Right Project in the Right Place



**The future Carré Laval eco-district: 1,013 affordable housing units are planned**

Things are already moving. Since last year, 153 non-profit housing units have been delivered. So far, 268 are under construction, and another 1,450 are funded and ready to emerge. The tools, measures and programmes implemented by the City all share the common purpose of supporting low-income households and, more specifically, the most vulnerable citizens.

Furthermore, when distributing residential offerings across the entire island, geographic and socioeconomic realities must be considered. The Val-Martin residential complex is a good example.

A new eco-friendly neighbourhood has been created. It includes 359 new social housing units and integrates the Simonne-Monet-Chartrand community centre. A park is currently under construction. In 2025, the City won a Union des municipalités du Québec Municipal Ovation Award in the urban planning and development category for this innovative and inclusive project.

Val-Martin is an example of sound densification. It is an entire sector that now benefits from affordable, high-quality housing, renewed access to public transit, public facilities and community and school services.

# A Smart Collaboration



There are approximately 5,000 non-profit housing units in Laval, with nearly half dedicated to seniors. The needs remain significant and will continue to grow in the coming years. For instance, the City launched a 100-unit social housing project in partnership with the governments of Québec and Canada and with the Mission Unitaines organization and Office municipal de l'habitation de Laval.

This project is part of the municipal strategy to expand the offer of social and affordable housing across the entire territory by collaborating with Laval's organizations. It represents the concept of designing an inclusive city where people can age healthy in their own neighbourhood and have access to local services and build social ties.

# Innovate, Transform, Live

Additional dwelling units, or ADUs, represent an interesting new way to create new housing within the territory.

Currently, Laval allows three different types of accessory dwelling units:



**Main residence extension;**



**The attached garage converted into an apartment;**



**Finished basement converted in a bachelor**

What is unique about this measure is that it has benefits for both the tenants and the landlords. ADUs may house, for example, an aging parent, a young adult, or generate income without impacting the existing framework.

Be careful, however! Even if they are allowed by right in already-built single-family houses, they must still comply with certain municipal guidelines. Before getting started, proper preparation is required.

Details and cost incurred:

[laval.ca](https://laval.ca)



# When July 1<sup>st</sup> is Uncertain

When one can no longer find housing, support is available. The Office municipal d'habitation de Laval (OMHL) offers the Service d'aide à la recherche de logement (SARL), which provides free assistance to households in their search.

The type of assistance offered is determined by specific eligibility criteria, including household situation and income. The office is open July 1<sup>st</sup>.

- 📞 450 505-6025
- ✉️ sarl@omhlaval.ca
- 🌐 omhlaval.ca



# Go One Step Further

The City of Laval is working in collaboration with several partners to ensure that everyone has access to decent housing.

- The Office municipal d'habitation de Laval is the main social housing manager in Laval. It administers approximately 2,800 housing units.

# Regarding the Housing Code

Often overlooked, the housing code is the main structure for safe living environments. It falls under municipal jurisdiction and protects health and the quality of life by addressing the following issues with tenants and landlords:

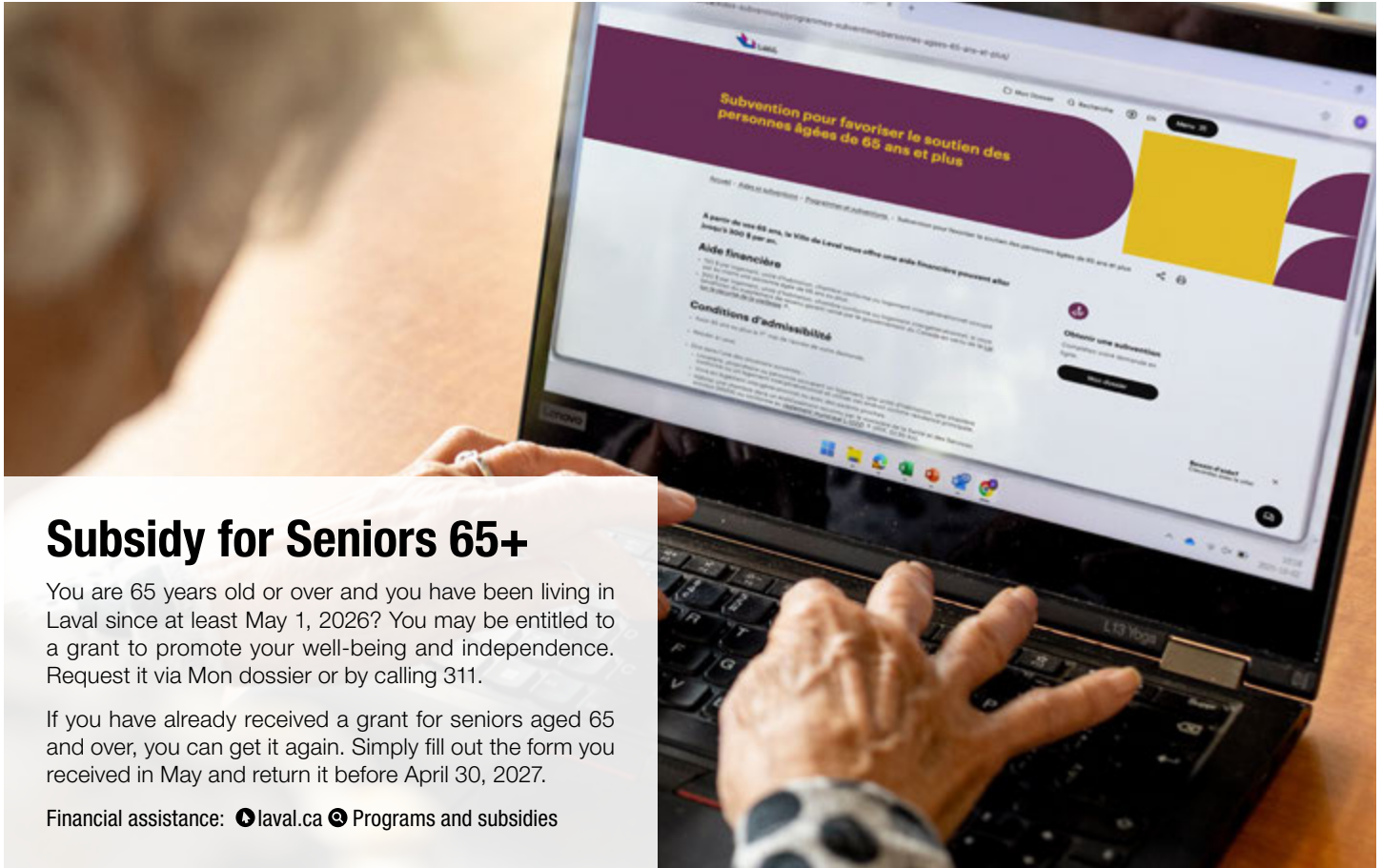
- 1 A leaking roof, a broken window or a faulty lock;
- 2 Lack of heating or hot water;
- 3 Mould;
- 4 Bed bugs;
- 5 Unsanitary conditions and accumulation of waste.

Its benefits are collective since it helps prevent the degradation of the housing stock and maintain its overall quality. It is available in a digital version that is easy to navigate.

- 🌐 [laval.ca](https://laval.ca) 🔍 Code du logement

- The Fédération de l'habitation coopérative du Québec represents over 480 co-ops.
- The Fédération des OSBL d'habitation de Laval, Laurentides et Lanaudière brings together permanent and transitional non-profit organizations in these regions.
- The Association coopérative d'économie familiale (ACEF) de Laval is a community organization that provides tenants with free information and advice on leases, unsanitary conditions, repair work, discrimination, etc.

© Marii photographie



## Subsidy for Seniors 65+

You are 65 years old or over and you have been living in Laval since at least May 1, 2026? You may be entitled to a grant to promote your well-being and independence. Request it via Mon dossier or by calling 311.

If you have already received a grant for seniors aged 65 and over, you can get it again. Simply fill out the form you received in May and return it before April 30, 2027.

Financial assistance: [laval.ca](https://laval.ca) Programs and subsidies

## Find Your Resource... in the Right Place

Since 2022, Trouve ta ressource has been supporting young people, their parents and the assistance workers by directing them to the right support. This bilingual website features a local resource directory, an interactive map and professionally designed fun and informative content. The themes addressed aim at promoting educational success, health and well-being of young people by helping them to face challenges.

Resources: [trouvetaressource.com](https://trouvetaressource.com)



The 20<sup>th</sup> Neighbourhood Party  
**Bring your neighbours together!**  
**All summer and even longer**

[laval.ca](https://laval.ca)

© Charles Bland



## The Station Culturelle Momo is back...

From July 30 to September 13, Laval downtown area will welcome the 4<sup>th</sup> edition of the Station culturelle Momo on the Place Bell square and Claude-Gagné pedestrian street.

This vast area will become a truly welcoming and lively terrace. The perfect friendly spot to hang out, play games, socialize, and enjoy a colourful and lush environment.

### An extensive programming

Throughout the season, more than 35 free activities and events for all audiences will be held, including music, comedy, theatre, circus and dance.

Programming: 📍 [laval.ca/momo](http://laval.ca/momo) (in French only)

## Four New Murals Coming Soon

The winners of the 2<sup>nd</sup> edition of the Programme d'art mural in neighbourhoods have been selected, and new creations will soon embellish several neighbourhoods.

These projects are the result of a call for proposals to invite Laval citizens to submit ideas for a mural. Depending on the section, the projects were totally or partially funded by the City.

You too can take part in embellishing your living environment. Stay tuned for the next edition, to be launched in October.

Sections: 📍 [laval.ca](http://laval.ca) 📍 Art mural (in French only)

### The 2026 winners

#### Sainte-Rose

- Association des Citoyens et Amis du Vieux Sainte-Rose, building located at 188 Sainte-Rose Boulevard
- Comité d'animation du troisième âge de Laval, Le Sorbier community centre

#### Pont-Viau

- École Eurêka

#### Saint-Vincent-de-Paul

- Ringuette Laval, Yvon-Chartrand Arena

## Culture Grows Near You

This summer in Laval, culture is vibrant, surprising and deeply rooted in everyday life. It emerges where you least expect it: a show in a park, a mural around a street corner, an activity in a library, a festival. Present everywhere, culture sparks the imagination, brings joy to daily life, and brings people together.

Theatre, dance, music, visual arts, literature, scientific culture, comedy, heritage and much more: Laval culture unfolds as a rich mosaic of disciplines, accessible and inclusive. Everyone can find an experience that suits them, often for free or at a low cost.

### It grows everywhere

From your neighbourhood to the Montmorency cultural hub, a constellation of venues — parks, museums, outdoor stages, heritage sites, libraries, and performance halls — weaves the cultural landscape of our city.

To get the most out of it, all you have to do is dare explore a new place, try a different discipline, spend some time in front of an art piece, or share the experience with loved ones.

Check out the summer offer on the following pages.

For more information: [laval.ca/maculture](https://laval.ca/maculture) (in French only)



## Do You Have Your Tickets?

The programming of the upcoming season for the Espace citoyen des Confluents performing arts hall is now online. Starting next fall, enjoy various high-quality and affordable performing arts shows in an accessible venue that provides an intimate and unique experience.

### Some must-see shows



**Brazilian music: Mônica Freire**  
October 1<sup>st</sup>, 7:30 PM



**Jazz: Eyevin Nonet, a nine-musician ensemble**  
October 8, 7:30 PM

Get a 25% discount when you purchase 3 or more shows.

### Information

- 📞 Ticket office: 450 667-2040
- 🌐 [laval.ca/diffusart](https://laval.ca/diffusart)

## An Event-Filled Season

The summer season is set to be very festive! At the Centre de la Nature, one week after the Fête nationale, Canada Day will be celebrated with an outdoor fair on July 1<sup>st</sup>. Then, from July 10 to 12, the Festival des bières de Laval will celebrate its 10<sup>th</sup> anniversary. Over 70 microbreweries, cider houses, distilleries and restaurants will showcase their creations.

A few weeks later, from August 13 to 15, the Centropolis will host the 6<sup>th</sup> edition of the Festival MOSAÏQUE, which celebrates cultural diversity. On the last weekend of August, Laval Rendez-vous country will hold its first edition there, featuring concerts, line dancing classes, a dance party under the stars and much more.

These events are made possible thanks to the City of Laval's Major Events Support Program.



Bouger © Amélie Pectirini

## Cultural Calendar

### Scientific Culture

#### Cosmodôme

- 📍 2150 autoroute des Laurentides
- ☎ 450 978-3600
- 🌐 cosmodome.org

#### Eyes on the Universe

As of June 15, 2026

Discover spectacular images of the universe captured by Hubble and James Webb telescopes and the Gaia mission, revealing planets, stars and fascinating cosmic phenomena.

#### Musée de la santé Armand-Frappier

- 📍 2150 autoroute des Laurentides
- ☎ 450 686-5641
- 🌐 museefrappier.org



© Amélie Pectirini

#### Get moving!

Until September 8

The *Get moving!* exhibition invites you to an interactive experience highlighting the benefits of activity on our physical and mental health.



© Amélie Pectirini

#### 4, 3, 2, 1... Santé!

Discover concrete actions you can take to maintain your health, but also that of others, and of the planet.

#### Centre d'interprétation de l'eau

- 📍 12 Hotte Street
- 🌐 cieau.org

#### À la découverte de l'art sous la pluie

June 12 to September 6, 2026

An exhibition that invites you to discover how to use rainwater in a creative and unusual ways through scientific activities.

#### Une journée eau perséides

Saturday, August 8, from noon to midnight

### Exhibitions

#### Atelier 213

- 📍 Berge des Écores, 1790 Cartier Boulevard East
- 📱 Facebook Atelier 213

#### Québec, Terre d'accueil

Starting May 22

#### Centre d'art de Sainte-Rose

- 📍 214 Sainte-Rose Boulevard

#### Mémoire et héritage

From July 23 to 31

#### Rose-Art 35<sup>th</sup> anniversary

A silent auction for the Canadian Cancer Society

#### La Vieille Caserne

- 📍 216 Sainte-Rose Boulevard

#### Mouvement

From June 15 to July 11

#### La fête en rose

From July 18 to August 24

#### 30<sup>e</sup> Symposium de peinture et sculpture de Sainte-Rose

This year's theme is "Art et patrimoine"

From July 23 to 26, 2026

- 📍 close to Sainte-Rose de Lima church, 214-219 Sainte-Rose Boulevard
- 🌐 roseart.ca

#### Les Tisserins exhibition and workshops

From August 6 to 9, 2026  
Vieux Sainte-Rose Fair



© Raphaëlle Guérin



© Vincent Girard

## Théâtre à ciel ouvert (TACO) Programming

This summer, let yourself be carried away by the joy of discovery thanks to the outdoor programming of free circus, theatre and dance performances.

Le Théâtre à ciel ouvert (TACO) invites families to discover its new creation, *Viviane de la Fleur, chevalière (ou presque)*, from July 4 to August 16 at 10:00 AM, at the Centre de la Nature. The play *Crier au loup* will be touring in Laval parks from August 8 to 16.

*Nana et le jardin*, a theatre and music show for children aged 2 to 6 will be presented in parks from July 8 to 19 at 10:00 AM.

*Avatarium* will invite the whole family to a poetic and danced reconnection at the Bois de l'Équerre, on July 9 at 10:00 AM and 6:30 PM.

Finally, circus performances for all ages will entertain the Centre de la Nature on Saturdays and Sundays from July 4 to August 16, as well in certain parks on Thursdays at 7:00 PM.

📍 [laval.ca/dehors](http://laval.ca/dehors) (in French only)

## Cultural leisure seeking talents

### Semaine de découvertes complètement TRAD

From July 6 to 10, 2026

📍 430, 5<sup>th</sup> Street

🌐 [tissesserres.ca/camp-de-jour-trad/](http://tissesserres.ca/camp-de-jour-trad/)

Children discover dance (jig, square set), traditional music, song and various traditional craftsmanship.



© Valérie Turcotte

### Studio Synapses Open House

August 23, from 9:00 AM to 4:00 PM

📍 2065 Des Laurentides Boulevard

🌐 [studiosynapses.com](http://studiosynapses.com)

### École de danse Les Étoiles Filantes

Les Étoiles Filantes are looking for dancers who wish to discover 19<sup>th</sup>-century dances. Recreational or competitive profiles are welcome.

📧 [edlesetoilesfilantes@gmail.com](mailto:edlesetoilesfilantes@gmail.com)

📞 450 667-2040

### Fête nationale de Champfleury

Free. Dance party on June 23, and family celebration with performances, face painting, and giant games on June 24.

📍 Parc Champfleury,

2585 Des Oiseaux Boulevard

### Ensemble Vocal Universalis

Do you like to sing? Join this adult choir with musicians. Rehearsals on Friday evenings at 7:00 PM. Concerts in December, May and June in residences, CHSLD and churches.

📍 Centre de pratique artistique Argenteuil création artistique,

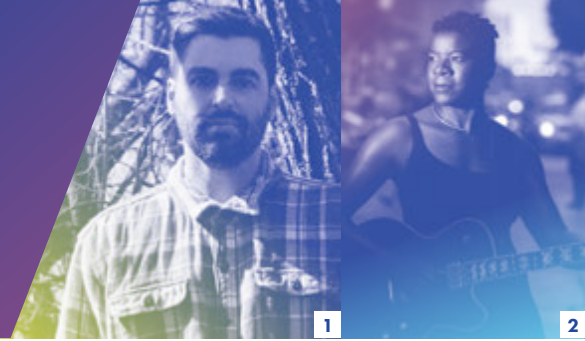
430, 5<sup>th</sup> Street, room 103

📞 Auditions: Anne, at 514 794-4641 or [universalis2010@hotmail.com](mailto:universalis2010@hotmail.com)

# ZONES MUSICALES

2026  
Programming

40 free outdoor shows everywhere on the island



## Zone Parc Bernard-Landry

5 avenue du Crochet

### Opening Shows

JULY 4

**Zachary Richard**

Opening  
Édouard Tremblay-Grenier

7:30 PM

Cajun Folk

JULY 5

**Mixmania**

7:30 PM

Pop



### FREE SHUTTLE SERVICE



Food truck



Bar  
on site



Animation

JULY 18

**Zébulon**

7:30 PM

Acoustic Rock

JULY 19

**Less Toches**

With dancers

7:30 PM

Cumbia

AUGUST 8

**The Howlin' Hound Dogs**

With dancers, preceded by  
a dance workshop at 6:30 PM

7:30 PM

Rockabilly

AUGUST 9

**Sandrine Hébert**

With dancers, preceded by  
a dance workshop at 6:30 PM

7:30 PM

New country

## Symphonic Encounters

AUGUST 11

**Orchestre symphonique  
de Laval**

7:30 PM

Classical – Family Concert

AUGUST 12

**Orchestre symphonique  
de Laval**

7:30 PM

Classical – General Audience Concert

Directed by Adam Johnson,  
Artistic director and conductor



Food truck



Animation



## Zone Berge aux Quatre-Vents

925 rue Riviera – corner of 11<sup>th</sup> Avenue

JULY 9

**Le Winston Band**

7:30 PM

Zydeco-Cajun

JULY 23

**Nicolas Pellerin et  
Les Grands Hurlleurs**

7:30 PM

Trad

## Zone Vieux-Sainte-Dorothée

Place publique – 670 rue de la Place-Publique

JULY 10

**Nadine Altounji**

7:30 PM

Afro-Latino-Arabic

JULY 11

**Cécile Doo-Kingué**

7:30 PM

Blues

JULY 24

**Caroline Savoie**

7:30 PM

Pop

JULY 25

**The Big O String Band**

7:30 PM

Bluegrass

## Zone Vieux-Sainte-Rose

Facing the Centre d'art de Sainte-Rose  
214 boulevard Sainte-Rose

JULY 12

**Sandrine Masse**

7:30 PM

Folk pop

JULY 26

**Maxence Lapierre**

3:00 PM

Jazz pop

AUGUST 1<sup>st</sup>

**Mélissa Ouimet**

7:30 PM

Pop rock

AUGUST 2

**Banitsa**

7:30 PM

Balkan folk



1. King Melrose
2. Cécile Doo-Kingué
3. Major-Moran
4. Elida Almeida

## Zone Centre de la Nature

Village des arts stage – 901 avenue du Parc

**JULY 17** **Maten**  
Opening – Cayenne  
8:00 PM / Innu Traditional Folk

**JULY 24** **Major-Moran**  
Opening – Héron  
8:00 PM / Folk

**JULY 31** **King Melrose**  
Opening – Adam El Mouna  
8:00 PM / Pop

**AUGUST 7** **Marie-Élaine Thibert**  
Opening – Anthony Prigent  
8:00 PM / Pop

**AUGUST 14** **Emilie-Claire Barlow**  
Opening – Louis-Julien Durso  
8:00 PM / Jazz

**AUGUST 15** **Beyries**  
Opening – FÉLIXE  
8:00 PM / Folk

## Zone Saint-François

**Espace citoyen des Confluents** 1000 rue Marie-Uguay

**JULY 16** **Fovelle**  
With dancers  
7:30 PM / Disco

**Facing the church** 8560 rue de l'Église

**AUGUST 6** **Forró de Lá**  
With dancers  
7:30 PM / Brazilian Music



## Zone Chomedey

Parc Légaré – 2245 rue Légaré

**JULY 15** **Elida Almeida**  
7:30 PM / Cape Verdean music

**JULY 29** **Gabrielle Destroismaisons**  
7:30 PM / Pop

## Zone Montmorency

**Maison des Arts** 1395 boul. de la Concorde O.

**Places are limited** – To get a free pass:

co-motion.ca or 450 667-2040

**JULY 30** **Boubé**  
5:30 PM and 8:00 PM / Desert Blues

**AUGUST 6** **Maïa Barouh**  
5:30 PM and 8:00 PM / Japanese Fusion

**AUGUST 13** **Grèn Sémé**  
5:30 PM and 8:00 PM / Maloya

**AUGUST 20** **Constellation de cordes**  
5:30 PM and 8:00 PM / Baroque Fusion

**Claude-Gagné pedestrian street**

1950 rue Claude-Gagné

## Closing Shows

**AUGUST 22** **Lou-Adriane Cassidy**  
7:30 PM / Opening Oli Féra / Pop

**AUGUST 23** **QW4RTZ**  
4:00 PM / A cappella

At the heart of the station culturelle Momo venue, featuring on-site amenities, tables, shaded areas, a play area, and much more!

For full details, visit [laval.ca/zonesmusicales](http://laval.ca/zonesmusicales)

Restaurants nearby | Bar on site | Animation

Organizer



Presenting sponsor



© Jonathan Gaudreault



## 40 Years of Dedication to Culture

La Maison des arts is turning 40! Located in the heart of downtown and just steps away from the Montmorency metro station, this well-known municipal cultural institution offers everyone great accessibility to various forms of contemporary culture.

Over the years, it stood out through the quality of its programming and its support, providing access to the creation process of works through exchanges with the artists.

Memorable human and artistic experiences await you for this 40<sup>th</sup> season, during which this incredible space of freedom and sharing will feature all art forms.

## General Audience Shows

The City always encourage and support artistic initiatives and projects that highlight Laval's artists. Four artistic projects worth discovering. Remember that when you purchase 3 or more shows, you get a 25% discount.

### KRUMP

© Mathieu Lion



#### SKLTR

7Starr + Charles "Brøken" Brecard  
March 23, 7:30 PM

This choreographic work celebrating street dance was co-created and initiated by Charles "Broken" Brecard, Montreal contemporary dance choreographer and Laval resident Vladimir "7Starr" Laureore, the pioneer of the Canadian Krump and co-founder of the Montreal Krump Alliance (MKA).

### THÉÂTRE

© Kevin Calixte



#### Pour Maëlle

Théâtre Everest  
April 13, 7:30 PM

This caustic comedy is presented in collaboration with Laval-based organization Rencontre Théâtre Ados, which celebrates its 30<sup>th</sup> anniversary this year.

#### Information:

- ☎ 450 662-4440  
ticket office : 450 667-2040
- 🌐 laval.ca/diffusart

## Young Audience Shows

Whether at the Maison des arts or in one of Laval neighbourhoods, MDA en tournée and the Petits bonheurs festival will present four young audience projects:



© Allen McInnis

#### Jour Bleu

by Théâtre Incliné

#### Avant de devenir un arbre

by the Fabulateurs, creative residence



© Danaë Ménard-Bélanger

#### Scribouillis | 3 years +

by L'os de bois, puppet theatre

#### Les Mini-manifestes |

3 years +  
by Théâtre Félé

### A One-Stop Site to Miss Nothing!

If you haven't done it already, discover the new Diffusart website, which brings together all in-venue exhibitions and performances.

- 🌐 laval.ca/diffusart (in French only)

**diffusart**  
**laval.**

Municipal  
Cultural  
Programming  
Season 2026-2027

3 and +  
shows

=

25%  
off regular  
price

Buy your tickets.

🌐 laval.ca/diffusart

## A New Name for the 40<sup>th</sup> Season

Laval's unique museum institution dedicated to visual arts, the Salle Alfred-Pellan, celebrates its 40th anniversary. At the same time, it reaches a key milestone and becomes the Espace muséal Alfred-Pellan.

This new name reflects what it has become, that is a place of production, dissemination and dialogue with a rigorous museum approach that brings together research, support for practices and exhibitions of current visual art.

Its orientations are based on three core pillars. "Consolidation" is defined by the strengthening of creation and dissemination conditions and by a clear affirmation of the institution's museological role. "Empathy" is embodied in a sustained attention to artists, curators and audiences. "Commitment" is demonstrated through a desire to further anchor its programming within the Laval community, to encourage citizen participation and to create spaces for dialogue where art becomes a catalyst for social bonding.

## New Exhibitions



### **Les semences de nos lendemains, by xecê, khadija baker, at the Espace muséal Alfred-Pellan**

The artist xecê, khadija baker invites the public to reflect on the question, "Why are certain plants considered weeds?" The artist's approach is questioning the classification and naming of living beings, revealing who and what deserve our kindness, consideration and affection. The artist explores the weaving of boundaries between human beings and nature to reveal the way we take care of our inner and social gardens.

This exhibition continues with two public artworks featured respectively at the pond of the Bernard-Landry park and in front of the Résidence de création Marcel-Saint-Pierre, at the Berge des Baigneurs.

### **Coulée dans le béton, by Sophia Borowska, at the Foyer du théâtre des Muses**

On a Brutalist background of modern Laval, the Coulée dans le béton exhibition highlights the contribution of women and artists to architecture and urban space. Over the years, how many creative women and artists remained anonymous while leaving their mark on the urban development of Laval?

By weaving construction materials and textiles together, this installation in the Foyer pays tribute to invisible labour while calling for a rediscovery of our local heritage, both male and female-inherited, beyond official records.

## Activities to Discover



### **Jeudis au ralenti**

Every Thursday evening, treat yourself to a relaxing break in the exhibition hall. You will find a comfortable setup, creative materials, art books and magazines to browse as well as tea to enjoy. Free and no reservation needed!

### **Embroidery at Bernard-Landry Park**

With the family or solo, come to embroider a word representing your identity, inspired by xecê, khadija baker work *Nos relations*, in order to create connections through shared experiences.

On Sundays, from 1:00 to 5:00 PM:

June 14, 21 and 28;

July 12, 19 (3:00 PM and 7:00 PM) and 26;

August 2, 9 (3:00 PM and 7:00 PM) and 16.

### **Information**

Open from Tuesday to Sunday from noon to 5:00 PM and on Thursdays and on show evenings until 8:00 PM. Free admission.

☎ 450 662-4440

✉ [emap@laval.ca](mailto:emap@laval.ca)

🌐 [laval.ca/alfred-pellan](http://laval.ca/alfred-pellan)

THE EVENTS ARE

→

UNIQUE  
MUST-SEE  
ARTISTIC  
IN LAVAL  
AMAZING

DISCOVER THEM  
IN THE CALENDAR

signalaval.com

© Mari Photographie



## A Summer for Playing and Sharing

What if your neighbourhood library became a meeting place this summer? Board games events are held in all local libraries. It is free and no registration is required. This activity is ideal to brighten up rainy days and to play in the cool when it is too hot outside.

So, whether you like strategy, discovering new games, or simply have a good time, these events are all about relaxing and having fun. Also, you can easily find a moment that suits you since opening hours vary in different libraries.

Beyond the game, these events encourage exchange, help break isolation and create lasting connections. Come here to play but also come to chat and make new friends.

Schedules: [biblio.laval.ca](https://biblio.laval.ca) [Activities](#) (in French only)

## Summer Reading to Borrow

Élisabeth Chiasson, collection development librarian, invites you to travel through a series of novels.

Reservation: [biblio.laval.ca](https://biblio.laval.ca) (in French only)



### ***Café Engel. Tome 1 : Une nouvelle ère***

Anne Jacobs, Lizzie, 2024

Dive into post-war Germany with Hilde who is determined to bring back to life the Café Engel until the day her father returns, and an unexpected cousin shows up and shakes her plans. To read or to listen to for free at [pretnumerique.ca](https://pretnumerique.ca).



### ***Les enquêtes de lady Hardcastle. Petits meurtres en campagne***

T.E. Kinsey, City, 2020

Would you like to explore the English countryside with characters who are as endearing as colourful? Let yourself be entertained by lady Hardcastle investigations, a series that promises mysteries and smiles.



### ***La sèmeuse de vents. Tome 1 : La respiration du ciel***

Mélodie Joseph, VLB éditeur, 2023

At the heart of a vibrant imaginary world filled with Caribbean accents, set off on an adventure with Olive, an orphan with no memories, determined to find out about her past... and, perhaps, discover a destiny greater than the one she ever imagined.

## Grandir en nature

**bibliothèques de laval**

An activity bag with books, games and fun tools for children aged 4 to 8 who love to move around and explore.

To know more and make a reservation:

- [biblio.laval.ca](https://biblio.laval.ca)
- your neighbourhood library



© Mari Photographie



© Thierry du Bois



## A Youth Book Club

Laval libraries are taking part in the Quebec summer reading club BiblioCLUB. Visit your neighbourhood library now and register your child (ages 0 to 17).

All summer long, until August 22, activities, reading suggestions under the theme “mysteries and investigations”, and much more, await children on-site.

### How does it work?

During summertime, young people can record their reading in a notebook and participate in a variety of activities offered by the library. At the end of summer, prizes will be awarded by random draw.

“Reading during the summer helps keep up good habits and get ready for the start of the school year. Offered by the Association des bibliothèques publiques du Québec, the BiblioCLUB brings fun and an original approach to summer reading. It allows young people and their families to discover the work of local creators while cultivating the pleasure to read.”

– Julie Bissonnette, librarian

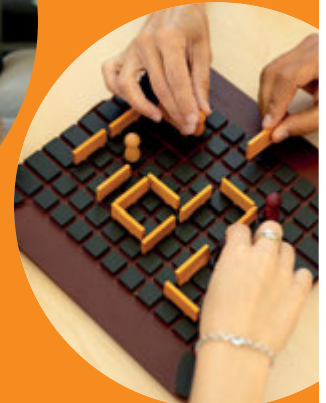
BiblioCLUB : [laval.ca](http://laval.ca) Activités (in French only)

# Books, movies, games, activities and much more.

Why pay for what is free  
in your libraries?

**Get your  
card in your  
neighbourhood  
library.**

Prizes worth up to  
\$500 to be won!



**bibliothèques  
de laval**



© Charles Briand



© Charles Briand

## Cultural Activities and Outdoor Leisure

This summer, whether you want to get active, discover new activities, or simply have a good time, it is all happening outdoors. A rich, accessible and lively summer programming awaits you in parks, woodlands and waterfronts.

No matter your age or interests, there is something for everyone: Zumba, yoga, dance, soccer and many more activities are offered in collaboration with local organizations.

Public spaces will become vibrant venues featuring outdoor music concerts, theatre, literary performances and movies under the stars. Nearly twenty family films will be shown outdoors! Bring your blankets and chairs to comfortably enjoy all these performances in the parks.

Also, children will have the opportunity to explore the performing arts, discover the *Tentes à lire* and enjoy the *Contes en maillot* in certain water splash areas and pools. The Bibliomobile will also make a few stops in parks to provide entertainment and books.

### Neighbourhood parties

All summer long, the parties will liven up various sectors of the city. Free and friendly, they are the perfect opportunity to meet your neighbours.

Programmation estivale : 📍 [laval.ca](http://laval.ca) 📺 Outdoor

## A Breath of Fresh Air for Pépin Park

Pépin Park will undergo refurbishment by the end of summer. Both baseball fields will be modernized with a new surface, improved lighting, player benches equipped with shelters, and renovated bleachers.

Horseshoes courts, concrete cornhole games, and a Futtoc table will also be installed.



## First Permanent Pickleball Courts in Laval

Kennedy Park will welcome the first permanent municipal pickleball courts this summer. Four courts featuring an acrylic surface, fixed nets, benches with shade shelters and fences will provide a safe and user-friendly space for players of this rapidly growing sport.

📍 [laval.ca](http://laval.ca) 📺 pickleball (in French only)

## Self-Service Equipment

This summer, new free outdoor equipment loan counters will be available in several parks and libraries. Self-serve BoxUp smart lockers will be offered again this summer. You can reserve them online.

Equipment reservation: 📍 [pret-pour-bouger.ca](http://pret-pour-bouger.ca)

## Summer Activities at the Centre de la Nature

### Summer Horticultural Workshops

From July 7 to August 21, free potting workshops will be offered on Tuesdays to Fridays, from 10:00 AM to noon, on the tropical greenhouse terrace.

Each week, you will be able to take home a plant grown on-site of a different species: nasturtium, basil, calendula, kale, lavender, curly kale, or even stevia.

No reservation required. Simply show up! These workshops are for everyone from beginners to those looking to deepen their knowledge of gardening basics.

### Saint-Jean Horticultural Workshop

On June 24, from 10:00 AM to 5:00 PM, a special workshop in the activity greenhouse will celebrate Fête nationale: the planting of *Iris versicolor*, Quebec's official floral emblem. This free event will also include a mini creative workshop to customize your pot in blue and white.

### Meeting farm animals

Near the north chalet, on Saturdays and Sundays, from June 6 to September 27, visitors may enter the pasture from 10:00 AM to 4:00 PM to get closer to goats, sheep, and alpacas.

Activity programming: [laval.ca/centredelanature](https://laval.ca/centredelanature)  
(in French only)



## Pie-X Park Reopening Soon

This summer, Pie-X Park will be fully accessible following major refurbishing. The pool will now be equipped with a padding pool section, a slide in the main pool, and an adjacent splash pad.

The chalet has been redesigned and now includes universal and inclusive locker rooms. In the park, you will find playground modules, a skating rink converted into basketball and pickleball courts as well as a teenager area equipped with a synthetic soccer field.

Details: [laval.ca/carte-interactive](https://laval.ca/carte-interactive)  
Pie-X Park



## Rediscover the River

This summer, explore the Mille Îles River otherwise with the Mille Lieux activity.

At the Parc de la Rivière-des-Mille-Îles, new immersive, educational, and fun self-guided tours will be offered. By kayak or canoe, let yourself be guided by interactive content accessible on your mobile device, which will make you discover the ecological and historical richness of the river and the attractions of the island.

Several 30-minute to 2-hour tours will be offered with points of interest focused on the water, islands and waterfronts. Tours will be accessible during park operating hours. Watch for this upcoming activity!

Season calendars: [parc-mille-iles.qc.ca/activities](https://parc-mille-iles.qc.ca/activities)

## A Festive Artist Residency

Before welcoming its first artists, the Résidence de création Marcel-Saint-Pierre opens its doors to the public. From Friday, August 21 to Sunday, August 23, festive, friendly and engaging activities will be offered. Admission is free, and all activities are free of charge.

The site's historical, archaeological and heritage treasures, as well as the residency's new artistic purpose, will be highlighted in collaboration with the Sainte-Rose community.

On the agenda: conferences, exhibitions, performances, outdoor cinema, activities, creative workshops and a picnic. There is something for everyone!

Detailed programming and complete schedule:

📍 [laval.ca/history](http://laval.ca/history) (in French only)

© Annie Fafard



Purchased by the City of Laval in 2018, the house hosting the Résidence de création Marcel Saint-Pierre is ready to unveil its finest features after important renovation work. An exhibition tells its story, marked by four generations of owners, from New France to the present day.



© Maigwenn et les orteils

Among the performances offered, the Maigwenn et les orteils Dance Company features *Écoute pour voir*, a choreographic concept developed by Danse Carpe Diem/ Emmanuel Jouthe with neurodivergent professional interpreters.

© Sébastien St-Jean



## Return of the Virées patrimoniales

This summer, guides and colourful characters will take you back in time on walking tours in the heart of Laval's founding neighbourhoods. Also, this year, a brand new tour has been added to the programme: heading to Sainte-Dorothée.

Tours by neighbourhood: 📍 [laval.ca/history](http://laval.ca/history) (in French only)

## Sportivement Laval: Collage Workshops

Dive into Laval's sport heritage by visiting the Sportivement Laval exhibition and create a moving character using collage techniques with artist Katy Lemay. Tools provided include archive sports photographs, acrylic paint, and, of course, scissors.

Schedule: 📍 [laval.ca](http://laval.ca) 📅 Calendar (in French only)



© Katy Lemay

Collage by Katy Lemay to present the activity

Open all summer



## Experience history first-hand.

Self-guided or guided tours, activities, encounters

maison  
andré-benjamin-  
papineau

📍 [maisonabp.ca](http://maisonabp.ca)

# City Council



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**Live broadcast (in french):**  
📍 [laval.ca/webdiffusion](http://laval.ca/webdiffusion)



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# Looking for the next neighbourhood party?

Don't miss anything.  
Subscribe to the newsletter.









 [laval.ca/subscribe](https://laval.ca/subscribe)

## Contact us

-  [mondossier.laval.ca](https://mondossier.laval.ca)
-  311 or 450 978-8000 from outside Laval (non-urgent calls)
-  Multiservice Counter  
1333 boul. Chomedey

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