

Number
01

Municipal magazine

Laval
60^e

Spring
2025

Vivre à Laval



Laval. Une île d'exceptions.

Index

The Mayor's message	3
Laval in brief	4
Major projects	6
Social development	7
Green scene	8
Dog-owner corner	11
A street for all	12
Civilian security	13
Safe Laval	14
Laval in action	16
60 th	21
Maison des arts	22
Art and culture	24
Libraries	26
Public art	28
Bicycling: beginning of the season	30
Sports and recreational activities	31

Citizen participation 17



Cover page

On the cover page, illustrator Amélie Lehoux represents citizen participation, which is the central theme of this spring edition of *Vivre à Laval*. One recognizes the distinctive style balancing tangible and intangible of this artist who graduated in graphic design from the Université du Québec à Montréal.

The *Vivre à Laval* municipal magazine is delivered by Canada Post to all residential and commercial addresses in April, June, August and December.

Production

Service des communications et du marketing

Management

Sophie De Nobile

Publishing

Philippe Déry

Editor in Chief

and linguistic revision

Virginie Martel

Collaboration

Andréanne Beaulieu

Jade Beaulieu

Chantale Boudreault

Maude Brière-Bolduc

Isabelle Brisset des Nos

Cheryl Byrns

Isabelle Champagne

Marie-Eve Charron

Michèle Demers

Valérie Dumont

Frédéric Émond

Pascale Fréneau

Stéphanie Gadet

Aurélia Genay

Caroline Guy

Carole-Anne Jacques

Josée Lapointe

Anne Pelletier

Joannie Tremblay

Eagle eye

Mareine Bou-Chebel

Design

Valérie Beausoleil

Kathia Boissonnault

Amélie Fleurant-Guilbeault

Josyane Grenier

Mireille Laurin-Burgess

Kimo Ouellette

Translation

Céline Poissant

Graphic editing

Pilon design

Printing

Groupe Chicoine

Digital edition

vivrealaval.laval.ca

How to contact us

By email: vivrealaval@laval.ca

By phone: 311 or, from outside Laval, 450 978-8000

Logo FSC

Circulation

193,000 copies

Legal deposit

Bibliothèque et Archives nationales du Québec

Library and Archives Canada

ISSN 1712-8676 *Vivre à Laval*

(English edition Print)

ISSN 1712-8684 *Vivre à Laval*

(English edition Online)

Dear Citizen,

I am very pleased to present this new edition of your municipal magazine. This spring, the central theme of the *Vivre à Laval* deals with the essential topic that is citizen participation. You will learn more about the mechanics and benefits of citizen democracy.

The City regularly calls upon citizens to get their opinion, vision and desires concerning major structuring projects as well as local initiatives in their neighbourhood. I hope you will be eager to participate if you have not taken part yet in this enriching experience with our municipal teams. You will also discover different ways to get involved in Laval by voting, for instance, for the new participatory budget and participating in the contest of iconic locations that will take place during the 60th anniversary of our city.

Also, this edition of *Vivre à Laval* puts the emphasis on outdoor activities. In addition to riding a bike, all fun on wheels is put at the forefront. I invite you to share my enthusiasm for our new skatepark network that is becoming reality.

As always, your magazine provides you with an array of relevant municipal information. Among others, look at the page on Emergency Preparedness Week and the one on our canine friends. Get some updates on major projects the City has been working on, and public art spread everywhere on the island.

Dear Laval citizens, I wish you the best spring ever.

Happy Easter!



Stéphane Boyer

📍 maire.laval.ca

👤 Stéphane Boyer, mayor of Laval



Municipal Agenda

2025 Property Tax

Property tax statements were sent out in February. Here are the deadlines to meet to avoid charges and penalties:

- March 19, first payment (deadline expired)
- June 17, second payment

Register to electronic tax statements for easy and quick access to your documents: laval.ca 📄 Taxes

Public Notices from the Registry Department

Find all the Public Notices from the City of Laval at : laval.ca 📄 Public Notices

Brown Bin Weekly Collection

Back the week of March 31, 2025



Grande Fête des pompiers

Come celebrate! | May 31- June 1
Outdoor grounds of Collège Montmorency

📍 laval.ca/fetedespompiers

Heritage Buildings

Get up to \$35,000 for renovation or restoration work.



 laval.ca/grantprograms

Good to Know: Your Request Response Time

Since last fall, when a citizen's request requires an intervention by a municipal department, its resolve time is communicated to the requester.

What is the resolve time? It is the period included between the routing of the request to the concerned department and the time the situation has been resolved.

This applies to all requests taken over either online via mondossier.laval.ca, on the phone or in person. It is in the interest of transparency and commitment towards the community that the City chooses to disclose the time it takes to process the request.

The New laval.ca: In Line With Your Needs

A new version of the City of Laval website recently went online. Being more user-friendly, more efficient and more accessible, the new site offers an improved browsing experience. It was designed to better respond to the needs of the Laval community.

Improvements and Innovations

Among them, let's highlight:

- the addition of property address search, a tool allowing to easily find information specific to a postal address (collection and watering schedules, elected councillor of a given district);
- the improvement of the activity calendar, which facilitates the identification of preferred activities (by topic, neighbourhoods, date, etc.);
- the search engine optimization, which makes it easier to find answers to questions;
- the mobile device experience. The site was designed so the content is adapted to smartphones;
- the addition of ongoing feedback. A module allows users to add comments on the pages to ensure ongoing improvement of the website.

 Discover the new municipal website today at laval.ca!

Planning Works?

According to the type of work to be done, you might have to get a construction-renovation permit from the City before you start. Same thing for the installation of a pool or spa, for which you need to obtain an authorization certificate from the City beforehand.

Thus, before making any plan, go to laval.ca/permits. The request for a permit or an authorization certificate is done by clicking on the link Transmission électronique de demande de permis/certificat.





The Ombudsman: Always Ready to Listen

Each spring, the Office of the Ombudsman of Laval (OdL) issues a report on different concerns raised by the citizens and the solutions that were implemented to improve municipal services. This report, reflecting its values of listening, integrity and efficiency, will soon be available.

Collaborating with citizen services

Working with municipal teams, the OdL provides concrete ways to better meet citizens', companies' and organizations' needs. The report highlights these improvements, and the impact of the actions carried out during the year.

A vision that looks to the future

Beyond the summary, this report presents the recommendations made to reinforce the collaboration and efficiency of municipal services. It reiterates the commitment of the Office of the Ombudsman to facilitate dialogue between the people and the municipal administration.

Coming this spring

Consult the complete report online at ombudsmanlaval.com/en to know more about highlights and actions implemented.

Together, let us change your concerns into concrete solutions!

Contact the OdL: 450 978-3699

📧 ombudsman@laval.ca

*This text was provided in its entirety
by the Office of the Ombudsman.*



Summer Job Out of the Ordinary

Each year, seasonal jobs are held by young people in day camps, pools, parks, and much more.

Do you know someone who is looking for a summer job? Let him/her know that the City is presently recruiting for the upcoming summer! No need for a resume, simply apply online at laval.ca/emploisetudiants (in French only).

Young People Talk About Their Experience



Arrielle-Yola, team leader: "Working during summertime strengthens autonomy, imagination and makes you grow up. If there is a time in life when you can fool around and be paid to do so, it is when you work in a day camp!"

Marybelle, program officer: "This job is what developed my vocation. While working in a day camp, it became clear I wanted to work with kids and enticed me to become a teacher."



Romy, lifeguard: "I met amazing people. My co-workers were real gems and became my friends for life!"

Frédéric, lifeguard: "All summer long, a family creates itself. I enjoy working outdoors and under the sun."

William, instructor: "Working close to my house is a major plus! And there are plenty of options to do so in Laval!"



Choice, beauty, from our local producers!

Buy your perennials, annuals, and even fresh herb plants directly from the producer.

📍 saveursdelaval.ca

Saveurs
de Laval



Creation of a New Civic Pole

To improve the services it offers to Laval citizens, the City continues to follow up on major projects to create a modern civic pole at Place du Souvenir.

Renovation work of the city hall, an iconic heritage building, is progressing well. The preparation phases including indoor selective demolition and decontamination work are now completed and the rebuilding steps will start this year.

Simultaneously, the construction of a new municipal court started east of city hall. The project aims at providing accessible modern local justice with six courtrooms, spaces dedicated to judges, prosecutors and legal aid. Designed in a sustainable fashion, the building targets LEED certification, integrating wood and a green roof.



© Frédérique Ménard-Aubin

Unprecedented Participatory Initiative

The City launched last September the first step of an important participatory initiative for the future innovation park Carré Laval.

It was divided in three phases:

- Information and exchange evening on the development of the site gathering some 180 people;
- Exploratory visits during which over 100 people saw the site and discussed the development of the future park with external and City experts;
- An online interactive map allowed to collect information on the needs and expectations of citizens in terms of leisure activities and events for the future park.

This innovative initiative provided participants with a forum to express their wishes and desires for this exceptional site, but also an exclusive insight of the location to see its full potential.

- 📖 Read the consultation report to know more at repensonslaval.ca/carre-laval.

Le Carré Laval in Brief

Located in the block bounded by autoroute 15 and Du Souvenir, Armand-Frappier and Saint-Martin boulevards, the Carré Laval will be a mixed neighbourhood dedicated to innovation, and to ecological and social transition. In addition to the 22-hectare sponge park, the neighbourhood will be a complete living environment including:

- 3,500 diversified and accessible dwelling units;
- sporting and recreational facilities;
- a primary school;
- a childcare centre;
- a community centre.

The Cultural Facility Site Under Construction

The construction work of the downtown cultural facility that started last fall is progressing rapidly. Foundation will be completed by the end of spring, and the construction of the superstructure will follow during summer.

This new facility will include a modern central library and a professional artistic creation centre. The Laval community will enjoy learning, collaborative work and digital experimenting facilities. A diversified cultural programming, exhibitions and events will make it a unique location.

To allow citizens to watch the project progress, a palisade fence was installed last fall. It includes windows to witness in real time the transformation of the site from the street. This flagship project will create a new vibrant and accessible cultural pole in the heart of the city.



© Vincent Girard

Sow Mutual Aid, Harvest Pride

Driven by the Commun-Action mobilization, the Quartiers Nourriciers de l'Est initiative invites all citizens of Duvernay, Saint-Vincent-de-Paul and Saint-François to discover urban agriculture while enjoying fresh produce in their own neighbourhoods.

Thanks to the 193 garden beds that were installed in 2024, this project improves food security and promotes solidarity among neighbours.

The initiative was awarded an urban agriculture prize by the Corporation des Fleurons du Québec. The horticulture expert panel also offered 14 hours of training to the members of Quartiers Nourriciers de l'Est with Les Urbainculteurs group.

A Commitment to Integration and Diversity

A series of actions of the action plan developed by the City of Laval's immigration and ethnocultural diversity reference framework were implemented everywhere on the island.

Through 12 projects supported by the City and the ministère de l'Immigration, de la Francisation et de l'Intégration du Québec, these actions facilitated the newcomers' and immigrants' reception, integration and settlement in Laval community.

Globally, these actions promote social cohesiveness, intercultural conversation, the awareness of ethnocultural diversity and the development of a sense of belonging. Note that many of these activities were carried out by community organizations.

- 📍 Find out more about the projects: laval.ca
- 🗣️ Immigration and consultation bodies

On May 17, Celebrate Laval's Diversity

May 17 marks the International Day Against Homophobia and Transphobia. In Laval, Sphère – santé sexuelle globale will organize, for the third year in a row, its queer Cabaret to showcase the talents of amateur artists of the Laval 2SLGBTQIA+ community. For more details, go to spheressg.org.

The Germaine-Guèvremont library welcomes the conference *Pour que vieillir soit gai!* Through the testimony of LGBTQ+ seniors, find out more about the reality of sexual and gender diversity, the evolution of LGBTQ+ rights and their repercussions on different generations.

Wednesday, May 14, 2025, from 2:00 to 3:30 PM

- 📍 Prior registration possible at laval.ca/calendrier (French Only)

Semaine québécoise des personnes handicapées

From June 1 to 7

- 📍 Know more about the programming at ropphl.org.

Autism Month

In April.

- 📍 Refer to the programming at autismelaval.org/fr/le-mois-de-lautisme

Trouve ta ressource

The Trouve ta ressource website has been a central and bilingual tool in Laval since 2022. It includes a directory of Laval resources, and interactive map as well as Web capsules and articles created by professional workers in the fields of well-being, mental health and young student retention.

- 📍 Young people, their parents as well as field workers can get some assistance adapted to their own situation at trouvetaressource.com.

Get your invitations ready!

We have plenty of room for you.



📍 laval.ca/community-center-and-leisure-center



Going Green Is Easier Than One Thinks

If you think that being eco-friendly would drastically change your habits, think again! By integrating a few simple gestures to your daily routine, you already make a difference.

To inspire you to take concrete actions, four Laval citizens share their habits and best eco-friendly tips. Jean-Sébastien, Pandora, Francis and Isabella each chose, their own way, to get involved for greener tomorrows.

Jean-Sébastien frequently rides his bicycle daily to either go to work or accompany his children to school or daycare. "Cycling in Laval is simpler than we think. There are many cycling lanes. Also, it doesn't cost anything, and it reduces stress."

Pandora chooses to save drinking water by making simple gesture at home. "Here in Québec, we are very lucky to have water everywhere. But it is not because we see it that it is an infinite resource."

Francis prioritizes local purchase which is a wise and responsible way of consuming. "Food by local producers is incredible. It stands at another level. Moreover, when you buy local, produces come as they are without overpackaging."

Isabella adopted composting and noticed a significant reduction of waste she puts in her garbage bag. "I would tell everybody to try it. It is an easy small gesture to make, but it makes a big difference at the end."



And you? **What habit will you try this week?** Get inspired by our ambassadors by scanning the QR code below!

Nothing Is Lost, Everything Is Transformed

A partnership agreement between the City and the Centre de Valorisation du Bois Urbain (CVBU) organization aims at recovering urban wood everywhere on the territory.

Each year, to maintain the urban forest health, municipal teams must cut down many trees in woodlands and green areas. The partnership with CVBU will allow for the transformation of forest logging residues into pulp, biomass to be used in greenhouses, or woodworking material such as wooden stakes for horticulture, survey or plant growing.

The City will make use of these wooden residues to close the loop of the circular economy.



© Vincent Girard

Protect Biodiversity on Your Lawn!

This year, the theme for Earth Day (April 22) is the importance of biodiversity. Follow the tips below to landscape your lawn and promote biodiversity while providing a haven for local wildlife and taking advantage of a more resilient, easy to maintain ecological space.

Discover other ground covers

Did you know that it is possible to have a green lawn without the inconvenience that comes with traditional grass? White clover and thyme, for instance, require less water and mowing, no weed killer, and improve soil quality. More resistant during drought period, they also help to reduce weed growth.

A garden of biodiversity, it pays off

The City offers a subsidy up to \$600 to set up a garden of biodiversity on your lawn.

📍 laval.ca/grantprograms (French only)

Free seeds

Get some flower seeds offered by the City. These essential plant species create a haven for pollinators and help protect them.

Ask your seeds by email at pollinisateurs@laval.ca and receive them directly at home. Hurry, quantities are limited.

📍 Know more about the benefits of biodiversity at laval.ca/biodiversite (French only)

Défi pissenlits:

Take The Lawnmower Out Later!

Did you know that postponing the first time you mow your lawn can make a significant difference for bees? By waiting until the end of dandelion flowering, you provide pollinating insects with a precious source of food at a time of the year when nectar from flower is rare.

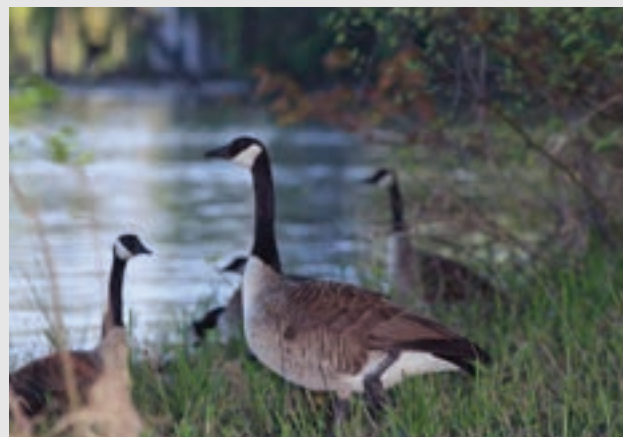
This year, the City will participate in an even more efficient way in the Défi pissenlits. Some twenty green spaces on municipal land will be left flowering freely during a major part of spring.

Get your Défi pissenlits sign at your neighbourhood library to proudly show you participate (limited quantities).

Reminder About Wildlife

In Laval, a rich and impressive wildlife surrounds us. To properly protect wild animals and preserve their natural balance, it is important to comply with municipal regulation.

Do not feed wild animals. This could be harmful to their health, change their behaviour and make them more dependent on humans. Avoid approaching them in order not to disturb them and to ensure your own safety.



© Sylvain Majeau

We help you go green.



Discover our 9 green grants.

📍 laval.ca/grantprograms



On Your Marks, Get Set, Plant!

Adding a tree to your lawn is more than bringing a little touch of green. In addition to decorate your yard, trees provide refreshing shade and help reduce the risk of floods. To promote tree planting, the City offers two incentive programmes.

The **Tree donation programme** allows you to get up to ten free trees worth \$200 each.

Three easy steps to get your free trees

1. Fill out the form online to register and reserve your trees.
2. Pick up your trees between May 23 and 26, 2025 at the appointment time you set. You will get an email to reserve this time during the weeks following your registration.
3. Plant your trees on your lawn (and not on the public right-of-way, refer to your certificate of location in case of doubt), take good care of it and help make your neighbourhood greener.

Good to know: trees given away by the City are approximately two metres high. Make sure you have the right vehicle to move them. To know more about tree species available, go online.

Quantities are limited. Properties located in heat island areas will be prioritized.

If you prefer to choose and purchase your trees yourself, the City will reimburse up to 75% of the planting fees, for a maximum of \$200 per tree planted (up to 10 trees).

Four easy steps to get the subsidy

1. Choose an eligible species by referring to the list available online. Make sure to read all the eligibility criteria of the programme before purchasing any tree.
2. Purchase the tree and be sure its height complies with the minimum required.
3. Plant your tree on your lawn (and not on the public right-of-way, refer to your certificate of location in case of doubt) on November 30, 2025, at the latest.
4. Submit your reimbursement request by filling out the form on Mon dossier.

📄 laval.ca/grantprograms (French only)

You need to cut down a tree on your lawn?

Before cutting down a tree, you need to get a certificate of authorization from the City no matter where the tree is located. Also, any felled tree needs to be replaced by a new tree before the date indicated on your certification of authorization.

Sorting: Simple Gesture, Yet Major Impact

Even you feel you generate a small amount of waste, your participation to residual waste sorting is essential. Sorting the proper way at home is necessary no matter the quantity of waste generated. It helps prevent that recoverable material is sent to landfill sites where it takes decades, even centuries, to decompose.

In fact, according to a study by RECYC-QUÉBEC, 78% of the content of your garbage could be put in your compost bin (brown) or recycling bin (blue). This means that most of the waste we put in the garbage could either be recycled, composted or recovered otherwise.

Protecting the environment is like working in a team: each individual effort counts to achieve a common objective. Together, we can really make a difference!

- 📄 Get some tips on how to sort your waste laval.ca/conseils
- ♻️ Récupération (French only).

In a spring-cleaning mood?

The ecocentre awaits you. Open 7 days a week.

It's free* upon presentation of a proof of residency.

📍 laval.ca/collectes

* Limited volume for certain materials.





New Dog Exercise Areas

Good news for dog owners! Two new dog parks are accessible in the Berthiaume-Du Tremblay Park and at the Centre de la nature. A third one will open this spring on Plage-Venise Street near Des Terrasse Avenue.

These secured spaces offer your small or not-so-small companion plenty of room to run free, to socialize with other dogs and spend its energy in a gated area. Come meet other dog lovers and members of the animal management team who will wander in the parks during the summer.

After the opening of the Plage-Venise Street dog park, Laval will have 11 exercise areas for dogs, and many more are to come.

📍 To find the dog park closest to your home, go to laval.ca/carte-interactive, under Lieux, check Parc canin (French only)

A Partner With a Big Heart

For almost 25 years, Le Berger Blanc ensures animal welfare in Laval and helps giving a second life to many of them.

In addition to taking in abandoned animals, the organization raises people awareness about adopting pets from an animal shelter. It also assists owners in distress to avoid abandon. Each year, thanks to its network, over 500 animals find a new home, not counting those that are reunited with their families after being lost for a while.



Be a Good Dog Owner

Safety and respect start with our own behaviour when walking our four-legged friends. Here are a few essential rules to follow in public when your dog is with you.

1. Always keep it on a leash: it is mandatory in public spaces, including in woodlands. If you wish your dog to run freely, bring it to one of the dog exercise parks.
2. Always stay in control of your dog.
3. Pick up its droppings no matter where you walk it and put them in the garbage.
4. Be sure it wears its municipal dog tag. To get or renew one, make a request online.

📍 laval.ca/conseils 🇫🇷 Chiens (French only)

A STREET FOR ALL



Safer and More User-friendly Streets

In 2025, 300 new speed bumps will be installed in the city to alleviate traffic. The pedestrian network will also be extended with close to 7 km of new layouts and the improvement of over 12 km of existing pedestrian ways.

To improve pedestrian visibility and safety, 48 pedestrian crossings will progressively be equipped with rapid flashing rectangular-shaped lights.

Also, during next fall, three new traffic lights will be added on De la Concorde and Des Laurentides boulevards fostering harmonious cohabitation between all road users.

🔗 Find out more: laval.ca/travaux (French only)



With your help, we can keep our streets tidy.

🔗 laval.ca/stationnement



© STL

STL Useful Information

Evening service between stops

After 8:00 PM, all year long, you may ask the bus driver to get off between two stops.

This applies everywhere on the STL bus and collective taxi network in Laval and Montréal.

How does it work?

- At least one stop in advance, notify the bus driver where you would like to get off.
- The driver will assess if it is possible to drop you safely where you asked.
- If the stop is safe, he/she will drop you. If not, he/she will suggest a better drop-off location nearby.

🔗 To know more: STLaval.ca/soir

Schedules effective on holidays

Here are the changes to bus schedules this spring:

- Saturday schedule will apply on April 18 and 21 and on May 19.

🔗 To plan your trips: STLaval.ca/feries

STL Compagnon

The real-time free guidance service is still offered on the regular bus service. It is provided to individuals aged 12 or older living with certain conditions (mild intellectual disability, autism spectrum disorder, dysphasia) as well as customers aged 65 or older for whom public transit creates anxiety.

These individuals can access personalized trips via an app. Note that the service is available on Android devices only and that it is possible to borrow an STL smart phone free of charge.

🔗 Find out more: STLaval.ca/compagnon

Clean Streets After Snow Season

With spring coming up, the City starts street sweeping to get rid of sand and other waste accumulated during winter. To make the cleaning operation efficient, your collaboration is essential. Therefore, to enable the sweeping vehicle to circulate, make sure to comply with parking restrictions in effect. Also, put your collection bins in your entrance and not on the sidewalk nor the street. By making these small gestures, you help keep our streets clean and safe for all.

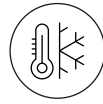
🔗 For more details: laval.ca/entretiendesrues (French only)

A Quick Look at Climate Hazards

A climate hazard is a natural event, not foreseeable to some extent, non-controllable, that may affect our daily life or our environment, and cause damages to people and goods.

To minimize its impact, get prepared!

🔍 Find out more at laval.ca/civilprotection.



Extreme winter conditions (cold, glaze, storm)

- Power outages
- Health risks
- Road safety risks

December to April



River spring flood

- Floods

March to May



Extreme summer conditions (heat waves, drought, severe storms)

- Health risks
- Forest fires
- Power outages
- Safety risks
- Material damage risks

May to November



High winds

Get Ready for the Emergency Preparedness Week!

This year, the Emergency Preparedness Week will be held from May 4 to 10. It is a national awareness week to act and be prepared during an emergency.

Each has its role to play

Civilian security is a shared responsibility. Everyone is responsible for its own safety (and its family's) and the protection of its own goods. The City is responsible for the protection of infrastructure, the continuation of essential services and the response to emergencies.

Planning and preparedness allow everyone to better manage disruption related to an emergency. For the City, this means for instance to have contingency plans to avoid service interruption, and measures to ensure its workforce safety. For citizens, it means being able to go on with their essential daily activities.

Everyone has a role to play!

For my own safety, I get prepared

Proper preparation is the key to efficiently face any unforeseen situations.

How to prepare oneself?

- Know the risks in Laval and specific risks close to your home.
- Make a family emergency plan.
- Be able to cope on your own for at least 72 hours in your home.
- Be ready to evacuate at any time.
- Register to emergency alerts.



Watch the videos available on the City YouTube channel to know more. These short videos are also translated into Québec sign language.

The family emergency plan, an essential tool

This plan allows you to face different types of emergencies efficiently and in an organized manner. It also reduces stress and panic since all essential items are brought together.

Your plan should at least include:

- all contact information;
- your home emergency exits;
- meeting points designated for your family members;
- information on health and insurance;
- the location of certain equipment in your house;
- the list of particular needs of some family members.

The City of Laval offers a **ready-to-use PDF document**. You simply need to enter the information in dedicated boxes, save the plan and you're done!

🔍 To download the family emergency plan, go to iprepare.laval.ca.



Portable Fire Extinguisher: Essential Use Advice

A portable fire extinguisher is a good safety equipment to own in your house to fight small fires while waiting for firefighters to arrive. However, it is essential to know how to use and maintain it.

The essentials

- Choose a device certified by a recognized organization.
- Choose a universal device such as a 5lb ABC fire extinguisher with a high extinction value.
- When using it, never risk your life and make sure to have a way out behind you.
- After using it, the extinguisher needs to be recharged even if it is not entirely empty.
- Check the pressure: the pressure gauge needle must be positioned in the appropriate range. Check that the cylinder is not distorted and turn it frequently to make sure the powder inside is loose.
- Check the expiry date. A portable fire extinguisher life cycle is six years. The rechargeable portage extinguisher requires a specific maintenance according to the type. Reading the instruction manual is essential.
- Have your portable fire extinguisher checked annually by a qualified person.

Extinguisher or not, should a fire occur, always call 911 first.

- 🔔 To get more tips on the use of portable extinguishers and more information on how to maintain them, go to laval.ca/en/firefighter 🔔 Fire prevention

Adapted Rescue Program

Do you know about the Adapted Rescue program? It is an initiative implemented by the fire safety department that registers the names of people living in Laval who would require specific assistance in case of an emergency evacuation.

If you, or someone close to you, is a mobility-impaired person, registration to this program could facilitate the work of firefighters in case of a fire, for instance. This is a free service that can save lives.

- 🔔 To find out more about eligibility requirements and to download the registration form, go to laval.ca/en/firefighter 🔔 Adapted relief program (French only)

Smoke Detector: Are You Compliant?

Reminder: if your house was built before 1985 and you still have 9-volt-battery smoke detectors, those need to be replaced with **long-lasting irremovable lithium cell smoke detectors**.

This regulatory change, adopted in April 2024, is now effective. Fines could be issued for non-compliant equipment.

Know more!

- 🔔 reglements.laval.ca

Fired up for the race.

June 1, 2025

Register early to take advantage of attractive rates!

🔔 coursedespompiers.laval.ca



**course des
pompiers**

**fondation
des pompiers**
du Québec

**CENTRE DE
MEDECINE SPORTIVE
DE LAVAL**

DECATHLON



Shredding Day

Shred your confidential documents free of charge during the Shredding Day on Saturday, May 10, from 8:00 AM to 4:00 PM in the parking lot of the Laval police department headquarters located at 2911 Chomedey Boulevard.

Two shredding trucks will be on location to help you dispose of:

- insurance forms;
- personal cheques;
- income tax returns;
- receipts, invoices, bank statements;
- any other document bearing your name, date of birth, address, credit card number or Social Insurance Number

This activity is restricted to Laval's residents only (ID required) and a maximum of three boxes per address can be shredded.

For a Safe Summertime

The weather is getting warmer, and we can finally drive our cars with the windows down. Cyclists and pedestrians are also back on the roads, especially in school zones.

During springtime, Laval police officers will be more actively present around school zones and will provide tips to parents and children.

Safety tips in school zones

- Allow your child to use active transportation to go to school (walk, bike, etc.) whenever possible and identify with him/her a safe route to follow.
- Never forget that pedestrians and cyclists have priority over car drivers.
- When using a bike, ride on the bicycle paths accessible from April 15 to November 15, or ride on the right side of the street.
- Lower your speed and remember that you are in a school zone.

📞 For more safety tips: laval.ca/en/police (French only)



Have Your Say on City Projects

In line with the participatory budget, inspiring projects could be carried out in your neighbourhood. Sporting facilities, playgrounds, meeting places, and more: it is time to vote for new projects to be created in the city!

From April 16 to May 31, vote among 20 interesting ideas for your community. The projects with the most votes will be carried out.

How to vote?



- Online at repensonslaval.ca/budget-participatif.
- In person by casting your vote on paper in one of the ballot boxes located in public libraries.
- By scanning the QR code:

🔊 To find out more about the procedure, go to repensonslaval.ca/budget-participatif



© Vincent Girard

Volunteering Rapidly Evolving

From April 27 to May 3, take advantage of the Semaine de l'action bénévole to discover the many rewarding benefits of volunteer activities. Volunteering is a human adventure that benefits both the one who gives and the one who receives. Giving your time also gives sense to your commitment, makes you experience an intense feeling of achievement, and enriches your social life.

In Laval, volunteering is evolving and adapting to today's reality. Flexible formulas are available and offer more freedom according to each participant's availability.

Also, the diversity of spheres of activity is impressive: food assistance, integration of newcomers, fight against social isolation of seniors, academic support, organization of sporting and cultural events, fund-raising, and many more.

🔊 To know more, visit laval.ca/en 🗣️ Volunteer (French only)



A Friendly Reminder

Free activities offered by the City are great opportunities to discover, learn, and create new relationships. However, when a person who registered for an activity does not show up without notice, it prevents another person to attend it.

Therefore, if you can no longer attend a workshop, a conference or any other event, no problem! Simply take the time to cancel your registration! This will allow a person whose name is on the waiting list to participate.



Express Your Views. Make a Difference.

To participate in municipal life is to add your input to projects and issues that shape your city. You may contribute different ways. For instance, you can participate socially by becoming a volunteer. It is also possible to share ideas with people in your area and municipal actors during public consultation events.

In Laval, great importance is placed on citizen active participation.

It allows the City to better understand the aspirations of its community, to make informed decisions and to implement innovative solutions.

It provides citizens with an opportunity to have their say on topics that concern them, to influence concrete projects and to have an impact on their day-to-day life. Learn more about participatory democracy and take part in it too!



About Public Consultations

Your voice and your involvement make a real difference in your life and the life of your community.

The consultation and participation process can address a variety of topics like:

- the design of a park, a waterfront or a public space;
- an urban planning exercise;
- a cultural, recreational or social development policy;
- a public equipment or infrastructure project.

When taking part in a citizen participation activity, you can really influence the City's decisions. It is also a great opportunity to meet people of your area, to rediscover your neighbourhood, and discuss with municipal experts.

On the repensonslaval.ca website, you will find out about public consultation and citizen participation initiatives. If you browse through the site on a regular basis, you will know about public consultations to come and learn more about the way your opinion has been considered in previous consultations.

Put Your Skills to Work

If you wish to make recommendations to the elected officials of the City executive committee on a specific topic, the advisory committees are for you! They consist of 5 to 10 members and cover different themes such as youth, environment and intercultural relations.

- 📍 Know more about the 14 advisory committees at laval.ca/participation-citoyenne

A Concrete Example

The City of Laval is in the midst of preparing its sustainable mobility plan for the next 25 years. To have an integrated vision of all transport modes on its territory, it turns to the community. Indeed, during the past months, it has been conducting several studies to better understand Laval citizens' commuting habits, obstacles and incentives.

During the upcoming weeks, discussions with organizations will allow exploring the stakes and the opportunities. A tour of the educational institutions will also give the opportunity to meet with the future generation. All these contributions will then be forwarded to municipal teams in charge of writing the plan.

- 📍 To learn more about the project, visit repensonslaval.ca/mobilite-durable.



Express Yourself!

Last fall, the City launched two neighbourhood assembly pilot projects in Duvernay and Auteuil. These civic participation bodies are independent and non-partisan. Local people, companies and organizations may express their views and make recommendations to the City on the execution of specific projects that impact their living environment. If you live in one of these two districts or if you regularly visit them, you can get involved!

To know the dates of the next assembly, go to

- 📍 repensonslaval.ca/assemblee-auteuil
- 📍 repensonslaval.ca/assemblee-duvernay

Ten Years of Citizen Active Participation



In 2015, following the Repensons Laval initiative that led to the adoption of the strategic vision, a municipal team dedicated to public consultation was put together. Since then, it has been supporting citizens', organizations' and companies' participation in the decision-making process.

This team reinforces forums for discussion, collaboration and co-decision based on consultation and participation methods that are relevant and innovative. Therefore, during the last decade, a citizen participation culture was developed by the City: community aspirations are really taken into account in decision-making and, further on, in municipal actions.

To celebrate ten years of participatory democracy, an invitation is sent to all citizens, organizations and partners to attend a festive and rallying event. The theme of this celebration will be citizens' participation in municipal democracy: current situation and prospects for Laval and Québec.

On May 22, at Collège Letendre, from 7:00 to 9:00 PM, everybody is invited to express their hopes and dreams for the next ten years in Laval. A summary of all projects achieved as well as a discussion panel is also on the agenda.

📍 To find out more and to register, go to repensonslaval.ca/10ans.

60
projects

460 000
visits to the
website

350
citizen
activities

29 300
participants

Know Everything About Democratic Life

📍 Visit the new page laval.ca/vie-democratique.

You will find information about municipal life workings, know more about elected officials and decision-making bodies, and become familiar with all citizen participation opportunities.





If You Thought of One Location to Describe Laval, Which Would it Be?

This year is Laval's 60th anniversary. It is a perfect timing to find out about citizen active participation thanks to a contest about iconic locations in the City.

Sixteen locations were carefully selected by a committee of experts in Laval history and heritage. Your time to vote now! The most popular locations will be disclosed during the 60th anniversary celebrations.

📍 To find out more about these iconic locations and to enter the contest, go to repensonslaval.ca.

A Tale of One City

Whether you grew up on the island, know every nook and cranny, or just moved to the City, we want you to tell your own story of Laval.

From April 2 to May 31, there are several ways you can enter the contest.

- Vote for your favourite iconic location among the selection made.
- And, if you want to:
 - Tell us a personal anecdote about this location;
 - Identify other locations that were not put on the list.



What is a Laval Iconic Location?

It could be a building, a site or a scenery that conveys the evocative power of one or many distinctive elements of Laval. These are locations that participated in the making of history, that are evidence of the heritage, and rally people.



Good to Know

- The exhibition *Laval emblématiques – arrêt sur image* will be launched during the fall of 2025. It will be touring in public libraries for several years.
- During the next months, you will see signs installed on certain iconic locations and municipal heritage buildings. Take the time to read them and know more about the history of these common sites.

Laval 60th Anniversary Celebrations are Beginning! Here's a Preview of the Spring Program.

Let's Celebrate our Collective Wealth

For its 60th anniversary, the City launches the "Prix du patrimoine", an initiative to feature the unique history of Laval that will reward remarkable work done on its built heritage, reminding all of the essential role played by the transmission of ancestral practices and traditions.

Divided in four categories, these rewards will celebrate citizens and organizations committed to preserve and enhance Laval's heritage.

Owners of heritage buildings in Laval who achieved noteworthy restoration, expansion or maintenance work are invited to participate. Artisans and craftspeople who see that traditions are preserved and perpetuated, and transmit their knowledge to the next generations are also invited to submit their application.

📌 Contest details will be available in April 2025 at laval.ca/en 🗳 Polls (French only).

The Libraries Celebrate

To mark Laval's 60th anniversary, the public libraries offer Laval citizens special programming showcasing different aspects of the City and revealing facts about its uniqueness. Among the various activities, the must-see conference Histoire de Laval, partie 3, by historian Gilles Laporte who revisits the Industrial Revolution time and the many upheavals that transformed the area and shaped its development. An opportunity to immerse oneself in Laval's history!

📌 To find out more and register, go to biblio.laval.ca 🗳 Activités.

Neighbourhood Parties



Inspired by a European concept and adapted for Québec by Espace Muni organization, neighbourhood parties aim at bringing together citizens to enhance their sense of ownership and pride towards their community. These parties make neighbourhoods friendlier, safer and more vibrant.

This year, Laval 60th anniversary is the perfect opportunity to connect to one another, to exchange and to celebrate altogether.

Take advantage of the equipment offered by the City (tables, canopy tents) and create a friendly atmosphere to bring together your neighbours.

📌 Details and by-laws: laval.ca/en 🗳 Neighborhood party (French only)

Espace citoyen des Confluents



© Ville de Laval

Espace citoyen des Confluents Programming

Come and discover the **Carrefour** project of the Espace citoyen des Confluents, which proposes a varied programming to suit the needs expressed by Saint-François and Duvernay-Est citizens.

It is possible to see new facilities offered inside and outside and to take advantage of cultural, sporting and leisure activities.

📌 laval.ca 🗳 Espace citoyen des Confluents (French only)

FESTIVAL

Petits
bonheurs

Laval
May 1-11, 2025



0-6
YEARS
OLD

© Amélie Legault, 2024

THE CULTURAL EVENT FOR TINY TOTS

📌 laval.ca/maisondesarts under Festival Petits bonheurs

General Public Shows

5 À 7 CONTE



© Dylan Page

Fille de Laitier – Arleen Thibault

Fille de laitier

Arleen Thibault | MDA Studio

April 26, 5:00 PM

In this retro universe from the 1950s, truths and myths about a trade are about to become a legend.

Text and performance: **Arleen Thibault**

OBJECT THEATRE



© Maxim Paré Fortin

La rébellion du minuscule, Théâtre du Renard

La rébellion du minuscule

Théâtre du Renard

April 30, 7:30 PM

Fun and poetical journey into the infinitely small that questions our connection to the world and to ourselves.

Artistic direction, text and performance: **Antonia Leney-Granger**

Performance: **Karine St-Arnaud**

Direction: **Evelyn Laniel**

Young Audience Show

PUPPET THEATRE

Perruche

Théâtre de l'Œil | 6 years and up

April 27, 2:00 PM

A fabulous adventure that shows how one can emerge and be stronger from a challenging situation.

Text: **Virginie Beauregard D.**

Direction: **Simon Boudreault**

Cast: **Camille Deslauriers-Ménard, Catherine Ruel and Carl Veilleux**



© Michel Pirault

Information:

📞 450 662-4440

Tickets: 450 667-2040

🌐 laval.ca 📍 Maison des arts
(French only)



SEASON 2025-2026

Unveiling in May

Ask for the brochure

📍 laval.ca/maisondesarts

🚉 Montmorency station

New Free Exhibitions Starting May 4

Joëlle Morosoli: *Ouvrir une brèche*

📍 Salle Alfred-Pellan

Joëlle Morosoli's kinetic works exploit the movement that revives the survival instinct. Be resistant or resilient? Protect or fight back? Free or entrap? As the exhibition goes by, emancipation naturally takes the lead.

For the visitor, the slowness of the mechanical movements is calming and induces hypnotic dreams. Mesmerized, the visitor is driven by the poetry of this meditative, reflexive and specular quest. The vulnerability, frailness and evanescence of the surrounding world present in the heart of this immersive experience deeply touch the visitor. Come and be enchanted yourself!

Francis Macchiagodena: *Mers d'argent*

📍 Foyer du Théâtre des Muses

Mers d'argent images are fantasies, unknown locations, recognizable and yet impossible. The photos might be taken of earth dark and isolated corners or be technical views of a distant and strange planet. Laval artist Francis Macchiagodena showcases them as mysteries linked to the creation of silver photography made with the salts that helps produce them.

Atelier d'Alfred: Joëlle Morosoli

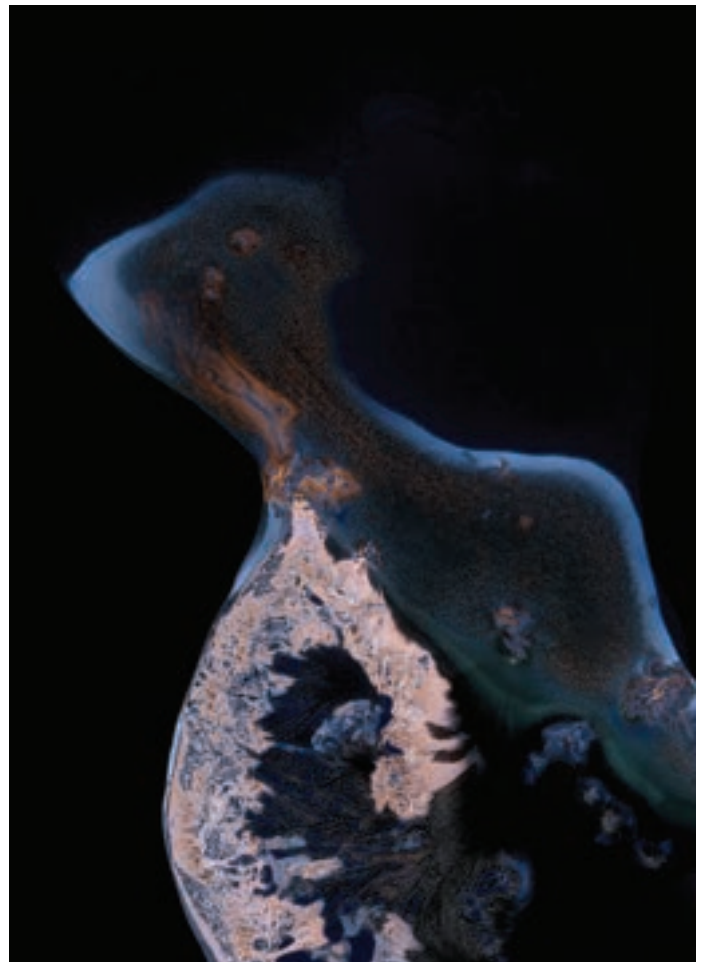
May 18, 1:00 PM | 5 years and up

With your family, create a small paper sculpture to be hung in the Atelier d'Alfred. It will interact with the chiaroscuro, the movement and the ambient atmosphere of the room. A short visit to the exhibition takes place before the workshop.

\$5 per child. Free for an accompanying parent.



© Joëlle Morosoli, *Ondulations*, 2023



© Francis Macchiagodena, *Isle no. 08*, 2023



Last chance to visit the free exhibitions Glass on the Beach, Ianick Raymond poly-sensorial artwork, and Cecilia Torres' *Murmurations*, that ends on April 13. Hurry up!

Information

🌐 laval.ca 🗣️ Exhibitions (French only)

Performing Arts

Annual Concert

Chœur Chanterelle du Collège Laval

📍 École Horizon-Jeunesse,
155 boulevard Sainte-Rose Est
📞 choeurchanterelle.ca

June 8, 3:00 PM

The adult four-voice choir will present jazzy music songs.

Mère et mer

Ensemble vocal Artémis

📍 Chapelle du Mont-de-La Salle,
125 boulevard des Prairies
📞 514 240-4248
📧 ensemblevocalartemis@outlook.fr
April 27, 4:00 to 5:30 PM

Fifteenth anniversary concert featuring classical music, harmonized songs by a women's choir accompanied by six musicians.

29th Edition of the Festival

La Rencontre Théâtre Ados

📍 Maison des arts de Laval
📞 rtados.qc.ca/festival/programmation
Until April 14

A must-see event for theatre enthusiasts and students.



© Guillaume Morin Folkphotographie

C'est un beau roman

Théâtre Musical de Laval

📍 Maison des arts de Laval
📞 450 667-2040
📧 theatremusicaldelaval.com
May 17 and 18

Creation and performance by Luc Gauthier and Musical direction by Ekaterina Alferova. Some thirty artists on stage!

Korrigan

La Troupe Fantasia inc.

📍 Maison des arts de Laval
📞 450 662-4440
📧 billetteriemda.ca
June 20, 7:00 PM | June 21, 7:30 PM

A musical in which two clans fight for the territory of a famous dolmen supposedly hiding a huge treasure by the Korrigans.

Le petit ramoneur

Les Voix d'elles

📍 Maison des arts de Laval
📞 450 662-4440
📧 co-motion.ca
May 24, 7:30 PM

The choir of young girls aged eight years and up present a large-scale opera.

Les Veillées Main gauche au coin Édition spéciale Portugal

Tissés serrés

📍 Sous-sol de l'Église Bon-Pasteur
400 rue Laurier
📞 450 663-2241
📧 tissesserres.ca
April 12, 7:00 PM

This show marks the return of the veillées Main gauche au coin to celebrate Quebec traditional dance in a festive atmosphere.

At Espace citoyen des Confluents

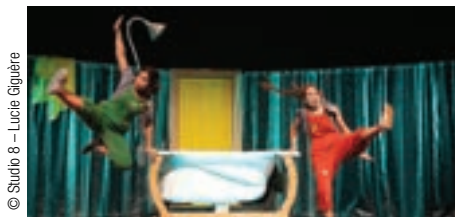
DISCOVERING ECC

Artistic creation workshop by Musique Rayonnante

April 27 to May 18
Registration required
📞 450 781-4009

Juju et Marcelle et l'incroyable heure du bain

Festival Petits bonheurs
Théâtre Omnivore | 2 years and up
📍 Espace citoyen des Confluents
May 1st, 2 and 3, 10:00 AM



© Studio 8 - Lucie Giguère

Renard Doux

Festival Petits bonheurs
By Sylvie Gosselin | 4 years and up
May 10, 11:00 AM, 1:00 PM
and 3:00 PM



© Michel Pinault

OUR EVENTS ARE

**UNIQUE
MUST-SEE
CULTURAL
IN LAVAL
AMAZING**

**DISCOVER THEM
IN THE CALENDAR**

signalaval.com

Exhibitions

Quartier des Arts du Cheval Blanc

Centre Accès
📍 6500 boulevard Arthur-Sauvé

Students and teachers' artwork
April 2 to 12

Suzanne Savard's artwork
April 12 to May 7

QACB members' collective work
May 17 to June 11

Calico Laval

Centre communautaire Saint-Joseph
📍 1450 boulevard Pie-X
📧 calicolaval@gmail.com

Quilt exhibition

June 14, 10:00 AM to 4:00 PM
June 15, 10:00 AM to 3:00 PM

Scientific Culture

Centre d'interprétation de l'eau

📍 12 rue Hotte
📞 450 963-6463
🌐 cieau.org

Rivière rivière

April 2 to June 11

Discover the fascinating journey of a drop of water. The exhibition invites you to an immersive journey in a projection dome. A genuine dive into the urban cycle of water that amazes young and young at heart!

Musée de la santé Armand-Frappier

📍 2150 autoroute des Laurentides
📞 450 686-5641, extension 0
🌐 museefrappier.org

Ça chauffe! Cool it

This exhibition combining art and science explores the impact of climate changes on our health and on the planet and proposes key elements for us to take action on.

Lab workshop

Discover the link between biodiversity, natural habitats and climate changes, as well as ways to identify the progression of some species carriers of disease.

Les Passionnés des Arts Visuels

Centre d'art de Sainte-Rose
📍 214 boulevard Sainte-Rose, room 214
🌐 lespav.com

Renouveau

April 30 to May 4

Exhibitions at the Galerie La Vieille Caserne

Corporation Rose-Art
📍 216 boulevard Sainte-Rose
🌐 roseart.ca

Renaissance

April 12 to May 24

Members' contest exhibition

May 16 to 25

Aquacoleurs Collective exhibition

June 5 to 8

4, 3, 2, 1... Santé!

Discover the concrete actions one can take to maintain its own health, the health of others and of the planet.

Fête des semences

April 18 to 21, from 11:00 AM to 4:00 PM

Celebrate Easter and the arrival of spring by decorating eggs made of clay, with native plant seeds to grow at home, and discover the importance of these plants in the Quebec biodiversity.

24 heures de sciences

May 2, 5:00 to 9:00 PM

During the Festival des 24 heures des sciences, the Musée proposes an evening visit of the temporary exhibition *Ça Chauffe! Cool It*.

Les lève-tôt au Musée

May 3, 8:00 to 10:00 AM

During the Festival Petits bonheurs, young children can explore the relationship between health and the environment and participate in fun activities on the human body and germs.

CULTURAL LEISURE SEEKING TALENTS

Improve your life one leisure activity at a time

In Laval, cultural leisure activities are an open door on creativity, personal enrichment and social ties. Whether in a park, at the library or through a local organization, arts and culture are accessible to all.

For instance, did you know that singing in a choir provides physical benefits? For individuals suffering from chronic obstructive pulmonary disease (COPD), singing twice a week for 12 weeks could improve their lung capacity as well as their quality of life.

The community organizations supported by the City offer an array of activities adapted to all ages and budgets. Know more about the following activities and register!

Harmonie Laval

Musical awakening classes are a playful initiation to music for young children that combine games, songs and interactive activities. Classes are held from May 4 to June 22.

📧 eveil@harmonielaval.org

Orchestre des jeunes Laval-Laurentides

A first symphonic experience for young musicians aged between 12 and 24 that allows discovering the large classical music repertoire for orchestra and gives the opportunity to play in front of an audience.

🌐 osl.ca/orchestredesjeunesdelavallaurentides

Groupe Arcantia

The organization is recruiting young people aged between 12 and 17 who enjoy singing and dancing.

📞 514 510-6157
🌐 releve.troupeunik.com

Les Voix d'elles

The choir will soon recruit young girls aged eight or up. Each year, under the direction of Mariane Patenaude, the singers learn repertoire musical pieces, classic songs as well as an ambitious opera during the winter session. Auditions on May 8. Appointment required.

📧 info@lesvoixdelles.qc.ca
📞 514 573-7430

E-books Suggestions

Discover the wide selection of e-books available at laval.
prenumerique.ca.

Here are four suggestions by librarians Mélissa Everatt, Jessica Hould Fortin and Sophie Tellier.



Les enfants du large

Virginia Tangvald, JC Lattès, 2024

This autobiographical novel tells the story of Peter Tangvald, a Norwegian navigator and the father of the author, who became famous after the disappearance of his two wives in the ocean. He also drowned with one of his daughters in 1991, and his son was lost at sea 20 years later. The novel is a poetical identity quest.



Le café des au revoir

Toshikazu Kawaguchi, Albin Michel, 2025

If you could go back in time, what would you change? Once again, Kawaguchi invites the reader to a magical café in Tokyo to travel in time. A husband who still has something important to say, a wife that could not say goodbye to her dog and other clients. A magnificent and touching story!



La méduse

Boum, Éditions PowPow, 2022

Jellyfish invaded Odette's eye blocking her vision. Delightful to the eye, this touching comic book by Québec author Boum tells the story of a young woman living with a handicap and all that comes with it.



Je voulais te dire

Jean-François Sénéchal, Comme des géants, 2023

A touching album that sensitively addresses mourning. A few words, but a lot of emotions, to encourage discussion with young children.

📖 To borrow these books, simply enter your public library user number.

The Bibliovente is Back at Place Bell

The annual “megasale” by the Bibliothèques de Laval is back: over 50,000 used and low-priced documents await you (books, magazines, DVD, video games, etc.).

When:

Friday, May 23, from 4:00 to 9:00 PM

Saturday, May 24 and Sunday, May 25, from 10:00 AM to 5:00 PM.

Where: Place Bell

Free parking: Place Bell community skating rinks

Active transportation: bicycle racks on site

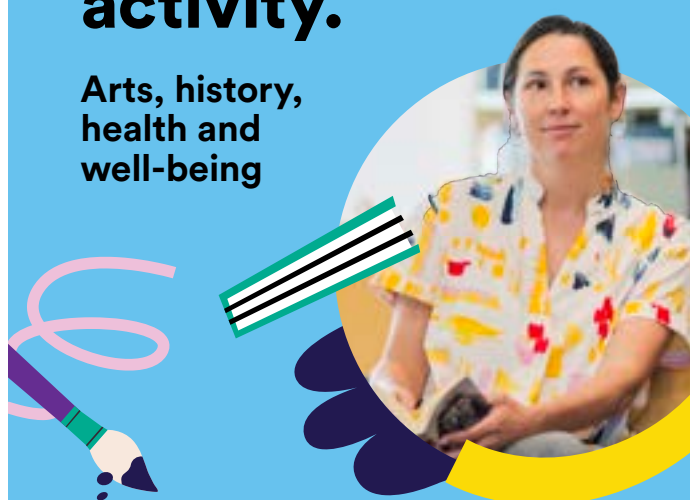
The event makes reading and culture more accessible, and all the revenue generated enriches the activity offered by the City. Sold documents come from downsizing the public libraries or donations by citizens.

- 📖 You want to donate documents or to know more about the event? Go to biblio.laval.ca 📖 Activités, Bibliovente (French only)
- 📖 On May 17 and 18, the Journées Lire et découvrir will be held at Place Bell 📖 journeeslireetdecouvrir.com

Your library buzzes with activity.

Laval
60+

Arts, history,
health and
well-being



Subscribe at:
📖 biblio.laval.ca

Bibliothèques
de Laval



Une histoire au bout du fil: Listen to a New Author

A new literary event awaits your ears! Author Francine Ouellette is passionate about nature, large open spaces, and etymology and wants you to discover her word garden through her inspiration and her work. For instance, her first parachute jump inspired *Les ailes du destin*, the birth of the different characters of her saga *Feu, Au nom du père et du fils* and her favourite, *Bip*. Amazing stories originating from the author's universe.

🔊 Go to biblio.laval.ca, under Activités, Une histoire au bout du fil (French only) or dial 450 680-2909! It is free! Enjoy the storytelling!

Enhancing the Library Network: Renewal in Action in Chomedey

Laval's library network continues to evolve, providing better access to culture and knowledge in welcoming, modern spaces at the heart of local neighborhoods.

This renewal is taking shape in the Chomedey district, where the brand-new Joséphine-Marchand Library will open its doors on April 22 at 1200 Chomedey Boulevard, just 500 meters from the former Multicultural Library, which has recently closed.

The opening of this library marks the first step in the renewal of neighborhood libraries in Chomedey. It will be followed by the opening of the Alain-Grandbois Library, scheduled for 2027.

Plans for a third neighborhood library in the northwest sector of Chomedey are also under review.

Additionally, nearby in the Montmorency sector, the central library is set to open in 2027 within the new cultural infrastructure (see project updates on page 6).

When Sowing, Think Grainothèque

It is now time to talk about gardening.

Did you know that the bibliothèque Sylvain-Garneau, in Sainte-Rose, could well become gardeners' paradise, beginners as well as pros?

The library has a collection of seeds for a variety of over 150 vegetables, fruits and flowers that you can borrow for free.

Here is how it works: after going through the catalogue of seeds available, you leave with the ones you want to grow. At the end of the season, you let a few plants go to seed, collect the seeds, and bring them back to the library.

To take advantage of this service, you simply need to have a subscription with the Bibliothèques de Laval (subscription is free and is done on location in a few minutes).

This project, created in partnership with the Collectif Écorécoltes, makes gardening more accessible and promotes a healthier diet while contributing to a greener city.

Take out your spade and rake and come for a visit!

Bibliothèque Sylvain-Garneau

📍 187 Sainte-Rose Boulevard

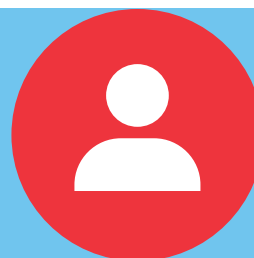


© Sophie Poliquin

Dossier biblio

Reserve documents and much more on the Web in a few clicks.

Log in to your Dossier biblio: 🔗 biblio.laval.ca





Raúl Aguilar Canela, *Amok* (détail), 2017. Oil on wood. 121,9 cm × 91,4 cm



Louis-Philippe Côté, *La chambre aux miroirs n° 2*, 2022-2023. Oil on linen. 200 cm × 169 cm



Luce Meunier, *Eaux de surface n° 19*, 2020. Acrylic on cotton canvas. 76 cm × 91,5 cm



Marie-Michelle Deschamps, *Checklist [Liste de contrôle]*, 2019. Vitrified enamel on a sheet of copper, painted steel. 64,8 cm × 91,5 cm

New Delivery of 22 Artworks

The City of Laval's artwork collection has 22 new pieces of art this year. You can discover them online and in some municipal buildings.

The jury had the difficult task to choose among 1,000 pieces. It finally decided on an innovative and diversified selection of artwork that reflects today's fashionable creativity.

Among the recent acquisitions, there is a painting by Raúl Aguilar Canela where the artist creates a kind of myth by combining personal stories with immigration journeys. There is also a large painting by Louis-Philippe Côté where layers of colours superimposed create a luminous mirage. For her part, Marie-Michelle Deschamps' art pieces are made of enamel on copper with unusual, yet familiar, shapes. Finally, Luce Meunier's astonishing painting suggests flames and reflections of water.

🕒 To discover all the new artwork: laval.ca/en 🇫🇷 Laval art collection (French only)

Discover the City of Laval's art collection featured on the palisade of the future cultural infrastructure construction site on Jacques-Tétreault Street. Come and visit this large open-air gallery!

New Artwork at the Complexe aquatique

Discover two new public art pieces during your next visit to Laval's Complexe aquatique. They were created as part of the Politique d'intégration des arts à l'architecture et à l'environnement des bâtiments et des sites gouvernementaux publics of the Québec government.

Outside the building, *Cascade*, by Marie-Michelle Deschamps, is composed of two elements decorated with simple and elegant shapes. The main one is a large copper stele on which water plantains are cut referring to the wetland and woodland next to the Complexe. Near the front canopy, a smaller piece reminds us of furniture elements (railing, ladders, banisters) on which were placed small sculptures made of copper trim recuperated for the stele cuts.

Inside the building, *Géométrie vivante*, by Shelley Miller, unfolds from the entrance hall to the end of the recreative pool. Its design, inspired by antique public baths and the organic images of animals and plants in tones of green and blue, resemble a quilt with triangular shapes reminding us of the molecular structure of the water.

📍 To find out more about the art pieces, refer to the location map at laval.ca

🔍 Collection d'œuvres d'art public de la Ville de Laval



© Studio Lux

Shelley Miller, *Géométrie vivante*, 2024



© Studio Lux

Marie-Michelle Deschamps, *Cascade*, 2024. Smaller element near the main entrance.



© Studio Lux

Marie-Michelle Deschamps, *Cascade*, 2024. Main art piece in front of the Complexe aquatique.

BICYCLING: BEGINNING OF THE SEASON

© Jany Tremblay



More, More, More BIXI in Laval

Good news for active transport enthusiasts: the BIXI network will expand in Laval with the addition of 49 new stations when the season starts in 2025, for a total of 75. With its 632 regular bikes and 219 e-bikes, it will be easier to move around between neighbourhoods. This expansion aims at offering more sustainable mobility options and reducing the dependence on car travel while promoting environment-friendly and accessible transport for shorter trips.

Use is increasing

Since its implementation, the Laval BIXI network has increasingly gained popularity. In 2024, the number of transactions raised by 7.5%, with over 62,000 recorded for an average distance of 4.49 km per trip.

Remember that the City of Laval offers a subsidy up to \$70 to cover part of the season pass bought for a bicycle-sharing service.

- 📍 To find out more about the BIXI network in Laval and the subsidy to register to a bicycle-sharing service, go to laval.ca/en 📍 Bike sharing and electric scooters (French only)

© Simon Laroche



VÉLOSYMPATHIQUE Silver Level Certification for Laval

The City initiative to promote biking as a viable travel alternative was once again recognized by Vélo Québec Mouvement VÉLOSYMPATHIQUE. Laval now has a silver level certification, which is a degree higher than the one obtained in 2019.

Efforts that are paying off

In 2024, over 500,000 bicycle rides were recorded on the 11 sites in Laval equipped with recorders. Compared to 2023, this represents an 18% increase.

The Route verte cycle network, with over 37 km on the island, remains among the most widely used section in Laval. The Route verte 1, the cornerstone of the north-south axis of the cycle network in the centre of the island, recorded more than 134,000 bike passages in 2024 in its southern section.

It should be noted that these recorders are used to measure flow, for example on bridges with active passageways, on pathways and along large axis (ex.: Viau bridge, Route verte, Daniel-Johnson boulevard, Samson boulevard). The gradual increase in the number of recorders allows for better follow-up on the progression of the network expansion.

An expanding interconnected network

In 2025, more than 12 km of new cycle paths will be developed, for a total of 340 km on the island. In addition, about 11 km of existing paths were improved all over the city.

According to the Plan directeur du réseau cyclable, Laval network is more accessible, user-friendly and better connected between neighbourhoods year after year.

- 📍 To get back on your bike and find out more about the cycle network in Laval: laval.ca/en 📍 Cycling and cycle paths (French only)

Three Not to Be Missed Sports Event!

Coupe du Québec by Espoirs Laval

Want to see Laval emerging cyclists in action? Attend the Coupe Québec on May 17 and 18 at circuit Michelin de Laval. Three cycling events will be featured: time trial, road race and criterium.

Details:

- 📍 espoirlaval.ca/evenements-2/

Tour du silence

On May 21, everybody is invited to a silent bicycle ride organized everywhere on the planet, so also in Laval, to pay tribute to cyclists who died in a road accident.

Details

- 📍 espoirlaval.ca/evenements-2/

Triathlon de Laval

On June 8, 2025, the 7th Edition of the Triathlon de Laval will be held. Organized by the club Triathlon Laval, it is open to all athletes from everywhere in the province.

Details

- 📍 triathlonlaval.org



Let's get rolling.

May 16 and 17*

Discovery Events

- Pro performances and tips
- Introductory and advanced courses
- Stopwatch race on the pumptrack
- Artistic workshops
- Kiosks and animation



Scan the QR code for more details on the events.

*Rescheduled in case of rain

Laval's skateparks



© Vincent Girard

The New Skate Park Network Is Doing Great

The first three skate parks of the network start their first full season. Enjoy the beautiful weather and discover these new locations at Du Moulin Park (Saint-François), Notre-Dame Park (Sainte-Rose) and Du Sablon Park (Chomedey). These self-serve sites are ready to welcome action sports enthusiasts and families looking for the ultimate in fun.

Designed by specialists, the network offers high-quality facilities for skateboards, scooters, BMX and in-line skates. Each site is equipped with different setup for beginners to learn in a safe way and improve progressively, and for more experienced users wanting to push back their limits. Spaces to relax are also integrated to the sites for spectators and accompanying adults. Finally, public artwork by artist Germaine Koh creates a link between the three sites with mosaic and distinctive elements for each site.

In addition to the roller track at Du Sablon Park, equipment (BMX, scooters, skateboards and protective gear) is offered at no charge on weeknights and weekends (schedules to come). Note that free loan equipment is to be used on site exclusively.

These first three facilities are part of the first municipal skate park network in Québec, to which many other sites will be added to complete it. To launch the season, festive events with demos and initiation classes will be organized in each site this spring.

📍 laval.ca/en 🗣️ Skateparks (French only)



Springtime Leisure Activities at Espace citoyen des Confluents

With the return of spring, why not integrate an enjoyable activity to your daily life? The new Espace citoyen des Confluents offers a variety of leisure activities through different partner organizations such as arts, dance, fitness, intergenerational activities and much more.

Discover the complete programming now and enlighten your spring!

📍 laval.ca/en 📞 Espace citoyen des Confluents (French only)

Take Advantage of the Fonds d'accessibilité en sport

What is it?

A subsidy programme that gives access to sports activities.

For whom?

Exclusive to Laval citizens aged 17 years and under living in a low-income family.

How much?

Reimbursement up to 75% of registration fees, for a maximum of \$1,500 per year, per child.

How?

Registration must first be done with one of the federated Laval sporting associations. Then, registration on the Fonds website may be done at fonds.sportslaval.qc.ca.

BoxUp: Borrow Sports Equipment for Free in Some Parks

Thanks to the Circonflexe, prêt à bouger programme and in partnership with Sports Laval, self-serve stations for **loaning sports equipment** were set up in different parks. You just need to download the app to access them. Here is a nice opportunity to learn a new sport **for free**.

📍 To get more information, go to laval.ca 📞 Prêts d'équipements (French only)

Discover Sainte-Rose Differently

Discover the Circuits actifs of Sainte-Rose, a network of signposted trails ideal for walking, running or biking. Enjoy four circuits of less than 5 km that combine nature, heritage and iconic locations of the neighbourhood. A great way to get moving while discovering the district.

📍 laval.ca/en 📞 Learning to ride a bike (French only)



Fun-Filled Summer

Each year, the City and its partner organizations offer day camps with different programming, supervised by trained counselors in a safe environment.

Through sporting, artistic and educative activities, children can explore new interests and learn to face new challenges.

These camps allow families to have a nearby option at an affordable cost. To guarantee a place for your child, refer to the entire offer by the City and its partner organizations.

- ➊ Refer to the complete list of camps at laval.ca/en
- ➋ City of Laval summer day camps (French only)

Take That First Step Toward Well-Being

In Laval, 23 walking clubs await you to discover the city's walking trails and enjoy the benefits of physical activity in good company.

Supervised by members of the Promo-Santé team, a social economy enterprise dedicated to a healthy lifestyle, these clubs provide a motivating and accessible environment. Whether to stay in shape, to break the isolation, or simply to have a breath of fresh air, walking with a group of people is a very enjoyable way to remain active and to create new relationships.

If you are 50 years or over, the PAC-SHV programme provides free and personalized coaching in fitness, nutrition and psychological well-being to help you adopt a healthier lifestyle.

Ready to take the first step? Call 450-664-1917, extension 403, or write to info@gpslaval.com.

📍 gpslaval.com



Be part of the wave

WE NEED YOU!
BECOME A LIFEGUARD/INSTRUCTOR

TO REGISTER: LAVAL.CA/SWIMMING-POOLS

* Certain conditions apply. Details at sauvetage.qc.ca/en



SOCIÉTÉ DE SAUVETAGE



LAVAL



Québec

Aquatic activities calendar

<div style="border: 1px solid black; padding: 10px; margin-bottom: 10px;"> June 7 </div> <p>Water playground opening weekend</p>	<div style="border: 1px solid black; padding: 10px; margin-bottom: 10px;"> June 11 </div> <p>At noon: Registration for summer aquatic activities</p>
<div style="border: 1px solid black; padding: 10px; margin-bottom: 10px;"> June 14 </div> <p>Pre-opening of certain outdoor pools</p>	<div style="border: 1px solid black; padding: 10px; margin-bottom: 10px;"> June 21 </div> <p>Opening of outdoor pools</p>

📍 laval.ca/swimming-pools

SPORTS AND RECREATIONAL ACTIVITIES



40 Years in Nature

Éco-Nature celebrates 40 years and offers an outstanding programming including festive events, outdoor activities and fun family outings all year long.

Come and rediscover the wildlife sanctuary that is the Parc de la Rivière-des-Mille-Îles and celebrate the commitment of Éco-Nature, the City and their partners to preserve the environment.

📍 parc-mille-iles.qc.ca



© Sophie Poliquin

Spring Activities and the Centre de la nature

Easter rally

Starting April 5, the rally will make you discover the Centre different facilities. It will be available in a paper or digital version with a QR code at the chalet restaurant. Two Easter chocolate will be drawn among all participants on April 22.

Easter horticultural workshop

From April 18 to 21, find out about potting the decorative and edible flower Viola (pansy). Workshop for children aged 13 years old and under.

Horticultural workshop on the Journée nationale des patriotes

On May 17 to 19, from 11:00 AM to 4:00 PM, attend the potting workshop of a calendula plant (daisy) in the animation greenhouse and bring it home. For children aged 13 years and under.

📍 centredelanature.laval.ca, under Activités



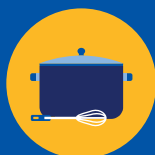
Let's Talk Fences and Nature

You might be wondering about the fences installed in the Papineau woods? They protect the forest. Yep, no matter how fond of nature individuals are, human trampling on vegetation has an adverse impact on plants.

Since CANOPÉE installed the fences in 2017, there were 84% more tree self-seed and spread inside them.

Near walking paths, there are 66% less. So here is the proof that fences allow nature to slowly regenerate itself. Keep in mind that staying in the paths really makes a difference.

Zumba, yoga, judo or photo.



Registration for
summer session
opens on May 15

📍 laval.ca/loisirs

City Council



Stéphane Boyer
Mayor

450 662-4140
bdm.laval@laval.ca
citycouncil.laval.ca



Live broadcast (in French):
citycouncil.laval.ca
under City Council Meetings/Webcast



District 1
Saint-François
Isabelle Piché
438 886-7254
i.piche@laval.ca



District 8
Vimont
Pierre Brabant
514 929-8187
p.brabant@laval.ca



District 15
Saint-Martin
Aline Dib
514 577-6088
a.dib@laval.ca



District 2
Saint-Vincent-de-Paul
Paolo Galati
514 945-7145
p.galati@laval.ca



District 9
Saint-Bruno
David De Cotis
514 467-1712
d.decotis@laval.ca



District 16
Sainte-Dorothée
Ray Khalil
514 825-2493
r.khalil@laval.ca



District 3
Val-des-Arbres
Achille Cifelli
514 983-5611
a.cifelli@laval.ca



District 10
Auteuil
Jocelyne Frédéric-Gauthier
514 515-1293
j.fredericgauthier@laval.ca



District 17
Laval-les-Îles
Nicholas Borne
514 707-6870
n.borne@laval.ca



District 4
Duvernay-Pont-Viau
Christine Poirier
438 831-2106
c.poirier@laval.ca



District 11
Laval-des-Rapides
Alexandre Warnet
514 622-6178
a.warnet@laval.ca



District 18
L'Orée-des-Bois
Yannick Langlois
514 979-5343
y.langlois@laval.ca



District 5
Marigot
Cecilia Macedo
514 944-0020
c.macedo@laval.ca



District 12
Souvenir-Labelle
Sandra El Helou
514 702-2225
s.el-helou@laval.ca



District 19
Marc-Aurèle-Fortin
Louise Lortie
514 962-1090
l.lortie@laval.ca



District 6
Concorde-Bois-de-Boulogne
Sandra Desmeules
514 451-0192
s.desmeules@laval.ca



District 13
L'Abord-à-Plouffe
Vasilios Karidogiannis
514 887-2455
v.karidogiannis@laval.ca



District 20
Fabreville
Claude Larochelle
438 491-7069
cl.larochelle@laval.ca



District 7
Renaud
Seta Topouzian
514 862-1402
s.topouzian@laval.ca



District 14
Chomedey
Aglaia Revelakis
514 242-5761
a.revelakis@laval.ca



District 21
Sainte-Rose
Flavia Alexandra Novac
438 875-8337
fa.novac@laval.ca


To stay connected.



Job offers, important notices, invitations to participate in surveys or public consultations, newsletters from the City, the libraries, the Maison des arts or for pet owners: Indicate your interests and subscribe to receive them by email!


 subscribe.laval.ca


Contact us

 mondossier.laval.ca


 311 or 450 978-8000
from outside Laval
(non-urgent calls)

Follow us

 Ville de Laval –
page officielle

 [villelavalqc](https://villelavalqc.com)

 [@villelavalqc](https://twitter.com/villelavalqc)

 [@villelavalqc](https://www.instagram.com/villelavalqc)

Find us

 Multiservice Counter
1333 boul. Chomedey

 Libraries
libraries.laval.ca

 Maison des arts
maisondesarts.laval.ca